



## **Integrity, Inclusion, Education, Excellence**

### **2026 USSC Winter Invite**

**Hosted By: Utica Shelby Swim Club**

**January 30- February 1 2026**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2526066**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

#### **Location**

Waterford Kettering High School

2800 Kettering Dr.

Waterford, MI 48329

#### **Times**

Friday 5pm Warm-up, 6pm Start

Saturday AM 8am Warm-up, 9am Start

Saturday PM 11am Warm-up, 12noon Start

Sunday AM 8am Warm-up, 9am Start

Saturday PM Warm-up will start immediately following the conclusion of the Saturday AM session but not before 11:00 am. Saturday PM events will start one-hour after the start of warm-up, but not before 12:00 pm. Sunday 500 and 1000 session Events will begin 15 minutes after the conclusion of the morning session, not before 11am

## **Facilities**

Waterford Kettering, is a(n) 8 lane pool with a 3 lane supervised warm-up and warm down area available. Depth at start is 8'<sup>1</sup> and 4' at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be utilized.

## **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

## **Meet Format**

Timed Finals

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of **January 12, 2026 12noon**. The Administrative Official must receive all entries no later than **January 23, 2026 6pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order they are received.

## **Individual Entry Limits**

4 individual events per day.

## **Entry Fees**

**\$6.25** per individual event, \$9.00 for the 1000. Make checks payable to **USSC**.

## **Surcharges**

A \$1.00 per athlete Michigan Swimming athlete and \$10 facility surcharge applies.

## **Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

## **Entry Payments**

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

**USSC**  
**PO Box 182032**  
**Shelby Township, MI 48318**

**Check In**

Check-in will be required and will be located in the hallway leading onto the pool deck. Swimmers who fail to check-in will be scratched from that session's events. Sunday PM Check in will be posted by 9:30 AM and close at 10:30.

**Marshaling**

This is a self-Marshalled Meet

**Seeding**

The meet will be **seeded** after entries are closed. Note that the 500 Free and 1000 will be seeded fastest to slowest.

**Deck Entries**

Deck entries will be allowed at the discretion of the Meet Referee and Meet Director. \$8.50 per event plus applicable surcharges. The 1000 \$12.50.

**Meet Programs/Admissions**

\$5 Admission, \$3 Heat Sheets for each session

**Scoring**

No individual or team scoring will be kept.

**Awards**

Events will be awarded 1-8. 12 & Under events will be awarded 10 & Under and 11-12. 11 & Over events will be awarded 11-12 and 13 and Older.

**Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions**

No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials. Concessions will be available in the lobby for spectators.

## **Lost and Found**

Articles may be turned in/picked up at **the pool office**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck. Only athletes are permitted in the locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

## **First Aid**

Supplies will be kept in **the pool office**.

## **Medical Supervision**

Lifeguards will be available for emergencies or First Aid.

## **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan is available for review and inspection at the **Pool Office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

**Meet Director:** Erica Thomas coach\_erica@yahoo.com

**Meet Referee:** Rob Threlkeld rthrelkeld1@gmail.com

**Safety Marshal:** Liz Stone

**Administrative Official:** Ahern Naylis [usscentries@gmail.com](mailto:usscentries@gmail.com)

FRIDAY PM MI2324070

Girls 13 & Over 200 IM

Boys 11 & Over 200 IM

Girls 13 & Over 50 Butterfly

Boys 11 & Over 50 Butterfly

Girls 13 & Over 100 Freestyle  
Boys 11 & Over 100 Freestyle  
Girls 13 & Over 200 Butterfly  
Boys 11 & Over 200 Butterfly  
Girls 13 & Over 100 Backstroke  
Boys 11 & Over 100 Backstroke  
Girls 13 & Over 200 Breaststroke  
Boys 11 & Over 200 Breaststroke  
Girls 13 & Over 50 Backstroke  
Boys 11 & Over 50 Backstroke

**SATURDAY AM**

Girls 12 & Under 200 IM  
Boys 10 & Under 200 IM  
Girls 8 & Under 25 Breaststroke  
Boys 8 & Under 25 Breaststroke  
Girls 12 & Under 50 Breaststroke  
Boys 10 & Under 50 Breaststroke  
Girls 12 & Under 100 Freestyle  
Boys 10 & Under 100 Freestyle  
Girls 8 & Under 25 Freestyle  
Boys 8 & Under 25 Freestyle  
Girls 11-12 200 Butterfly  
Boys 10 & Under 100 Backstroke  
Girls 12 & Under 100 Backstroke  
Girls 8 & Under 25 Backstroke  
Boys 8 & Under 25 Backstroke  
Girls 11-12 200 Breaststroke  
Girls 8 & Under 25 Butterfly  
Boys 8 & Under 25 Butterfly  
Girls 12 & Under 50 Butterfly  
Boys 10 & Under 50 Butterfly  
Girls 11-12 400 IM

**SATURDAY PM**

Girls 13 & Over 200 Freestyle  
Boys 11 & Over 200 Freestyle  
Girls 13 & Over 100 Breaststroke  
Boys 11 & Over 100 Breaststroke  
Girls 13 & Over 200 Backstroke  
Boys 11 & Over 200 Backstroke  
Girls 13 & Over 100 IM  
Boys 11 & Over 100 IM  
Girls 13 & Over 50 Breaststroke  
Boys 11 & Over 50 Breaststroke  
Girls 13 & Over 100 Butterfly  
Boys 11 & Over 100 Butterfly

Girls 13 & Over 50 Freestyle  
Boys 11 & Over 50 Freestyle  
Boys 11 & Over 400 IM  
Girls 13 & Over 400 IM  
SUNDAY AM  
Girls 12 & Under 200 Freestyle  
Boys 10 & Under 200 Freestyle  
Girls 12 & Under 100 Breaststroke  
Boys 10 & Under 100 Breaststroke  
Girls 11-12 200 Backstroke  
Girls 12 & Under 100 Butterfly  
Boys 10 & Under 100 Butterfly  
Girls 12 & Under 50 Freestyle  
Boys 10 & Under 50 Freestyle  
Girls 12 & Under 100 IM  
Boys 10 & Under 100 IM  
Girls 12 & Under 50 Backstroke  
Boys 10 & Under 50 Backstroke  
SUNDAY PM  
Mixed 500 Freestyle  
Mixed 1000 Freestyle