



Integrity, Inclusion, Education, Excellence

Penguins 10 & U Holiday Bowl

Hosted By: Hurricane Penguins Swim Club

December 13th, 2024

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2425038**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location

Lakeland High School
1630 Bogie Lake Rd.
White Lake, MI 48383

Times

Friday Warm-up 5:00pm, Start 6:00pm

Facilities

Lakeland High School Pool, is an **8-lane** pool with a supervised warm-up and warm down area available. Depth at start is 8 feet and 4 feet at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado timing system** with an 8-lane display will be used.

Course Certification: The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

All events are timed finals. This is an age group meet. All 10 and under individual events are grouped by gender only. All 8 and under individual events are multi-age, grouped by 6 and under and 7 – 8.

Eligibility

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **Friday, November 15th starting at 5:00pm**. The Administrative Official must receive all entries no later than **Friday, December 6th at 5:00pm**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits A swimmer may enter a maximum of four (4) individual events and two (2) relay events.

Entry Fees

\$5.00 per individual event and **\$12.00** for relays. Make checks payable to **Hurricane Penguins Swim Club**.

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Payments

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

**Hurricane Penguins Swim Club
10325 Glynn Rd
White Lake, MI 48486**

Check In Check-in will be required and will be located **in the hallway on tables near the locker room entrances. Check-In closes 15 mins after warm-up begins.**

Marshaling Marshaling: Swimmers will be responsible for reporting to the starting blocks for their event. Extra volunteers will be on hand behind the blocks helping line swimmers up and letting coaches know if anyone is missing.

Seeding: Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.

Deck Entries: Deck entries may be allowed at the discretion of the Meet Referee and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures. Deck Entry fee will be **\$7.00** for individual events and **\$15.00** for relay events. Deck entry swimmers are subject to the Michigan Swimming **\$1.00** general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by showing an electronic USA Membership card on the USA Swimming website or USA Swimming app. Deck entries will count towards the individual entry limits.

Meet Programs/Admissions: Admission is \$5.00, 8 and under are free with the paid admission of an adult. Meet programs will be available for \$3.

Scoring: No individual or team scores will be kept.

Awards: Custom Penguin Holiday Bowl medals will be awarded 1st -3rd place and ribbons for 4th – 16th place for all individual events. Top 3 Relays will be awarded Medals and 4th - 8th places will be awarded ribbons. Awards may be picked up by the coach/designated team representative at the conclusion of the meet. All 10 and under individual awards are by gender only. All 8 and under individual awards are multi-age, grouped by 6 and under and 7 – 8 and gender. No awards will be mailed.

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions: Prepackaged food items and beverages will be sold at concessions stand located in the upper hallway near balcony entrance. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found: Articles may be turned in/picked up at **the pools front desk**. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water

without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid: Supplies will be kept in pool office.

Medical Supervision: Lifeguards will be available with first aid supplies and an AED.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **Lap pool office**.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one

suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.

- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Michelle Lyndsey, lindseymic1020@gmail.com, 248-756-3519 (after 5pm)

Meet Referee: Margaret Schroeder schroeder7647@aol.com

Safety Marshal: Valerie Maravolo

Administrative Official: Jeff Heaton, 248-930-8367 Keweenaw@gmail.com

SCHEDULE OF EVENTS

Friday, December 13th Events Start at 6:00pm

Girls Event #	Age	Event	Age	Boys Event #
1	10 & U Mixed	200 Medley Relay	10 & U Mixed	1
2	8 & U Mixed	100 Medley Relay	8 & U Mixed	2
3	10 & U	100 IM	10 & U	4
5	8 & U	25 Back	8 & U	6
7	10 & u	50 Back	10 & U	8
9	8 & U	25 Fly	8 & U	10
11	10 & U	50 Fly	10 & U	12
13	8 & U	25 Free	8 & U	14
15	10 & U	50 Free	10 & U	16
17	8 & U	25 Breast	8 & U	18
19	10 & U	50 Breast	10 & U	20
21	8 & U	50 Free	8 & U	22
23	10 & U	100 Free	10 & U	24
25	8 & U Mixed	100 Free Relay	8 & U Mixed	25
26	10 & U Mixed	200 Free Relay	10 & U Mixed	26