



## **Integrity, Inclusion, Education, Excellence**

### **2025-26 Super Fast And Furious Prelim/Final**

#### **Open Invitational**

**Hosted By: Grosse Pointe Gators**

**December 6-7, 2025**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a prelim/final and timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2526037**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

#### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location -** Grosse Pointe South High School  
11 Grosse Pointe Boulevard  
Grosse Pointe Farms, MI 48236

|                |                              |                                                                                  |                     |
|----------------|------------------------------|----------------------------------------------------------------------------------|---------------------|
| <b>Times -</b> | <b>Saturday AM Prelims</b>   | Warm Up 7:30AM                                                                   | Events Begin 8:30AM |
|                | <b>Saturday PM 1000 Free</b> | Event Begins following conclusion of AM Prelims,<br>not to begin before 11:30 AM |                     |
|                | <b>Saturday PM Finals</b>    | Warm Up 4:00 PM                                                                  | Events Begin 5:00PM |
|                | <b>Sunday AM Prelims</b>     | Warm Up 7:30AM                                                                   | Events Begin 8:30AM |
|                | <b>Sunday PM Finals</b>      | Warm Up 4:00 PM                                                                  | Events Begin 5:00PM |

#### **Facilities**

The Grosse Pointe South pool is a 12-lane pool with supervised warm-up and warm down lanes separated by non-turbulent lane markers. Ten lanes can be used for competition. Depth at start is 6'10"ft. and 4'4"ft. at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado Time System with a 12-lane alphanumeric display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will not be available.

## **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

## **Meet Format**

Super Fast And Furious will offer open/multi-age prelims/finals events. There will be AM prelims and PM finals on Saturday and Sunday. All prelim events will be run as open events, circle seeded slow to fast, and separated by gender, with the 400 IM and 500 Free seeded fast to slow and alternating heats by gender. All events will offer one super final with various numbers of age-limited finals per age group. The top 10 overall swimmers from all age groups will qualify for the super final, and the top 10 swimmers from each specified age group who do not qualify for the super final will qualify for their individual age group final. Please see the event list for details. A 1000 free timed final session will be offered following prelims on Saturday, for which we ask athletes to provide their own timers and counters. There are no relays in this meet.

**We reserve the right at the discretion of the Meet director and Meet referee to limit the number of entries in longer events to better manage the timeline.**

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Super Fast And Furious is for swimmers with ABC cuts. Entry qualifying times will not apply. NT entries will not be accepted for distances of 200 and higher. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on December 6, 2025 will determine his/her eligibility for an age group.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of **Saturday, November 8, 2025 at 8:00AM**. The Administrative Official must receive all entries no later than **Saturday, November 29, 2025 at 1:00PM**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You can import the order of events and event numbers from the Michigan Swimming website (<http://www.miswim.org/>). All individual entries should be submitted via electronic mail at [gatorentries@gmail.com](mailto:gatorentries@gmail.com).

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

## **Individual Entry Limits**

Saturday and Sunday, swimmers may enter no more than 3 total individual events per day.

## Entry Fees

**\$8.75** per individual prelim/final event and **\$6.25** per timed final event. Make checks payable to: **Grosse Pointe Gators**.

## Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies. A \$10 per athlete facility surcharge also applies.

## Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

## Entry Payments

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

**Meet Director(s):**  
**John Fodell**  
**Attn: Grosse Pointe Gators**  
**791 Washington, Grosse Pointe MI 48230**  
**313-686-1117**  
**[headgator83@gmail.com](mailto:headgator83@gmail.com)**

## Check In

Check in will be required. It will be available 30 minutes prior to warm up. Mandatory check in is used, and it will be required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session and at 10:45AM for the 1000 freestyle. Check in sheets will be posted in the hallway outside the entrance to the locker rooms.

## Scratch Rules

Prior to check in close a swimmer may scratch events at the Clerk of Course. After check in closes, you must see the Meet Referee to scratch an event.

**Scratches from Finals** – Prelim results will be posted as soon as they are completed for each event. Upon being posted, the athlete or their coach will have 30 minutes to scratch or declare their intent to scratch from finals at the administrative/referee/announcers table, located just outside of the swim office. **ALL SWIMMERS that are not attending finals are to assume they may make finals after scratches and therefore are required to scratch regardless of what place that swimmer finishes.** After the scratch deadline, the event will be closed and seeded for finals after which the official post-scratch prelim results and heat sheet for finals will be posted by the pool exit doors.

**Failure to Scratch Penalty** - A swimmer who does not scratch from a finals event and does not compete will be subject to consequences set forth in USA Swimming Rule 207.11.6 (D) and (E) listed below.

**For finals events, any swimmer that fails to scratch after prelims and is a No Show for finals will be subject to a \$10 fine for each event they miss at finals, billed to their club.**

(D) Scratching from finals: (1) **Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet**, except as noted in paragraph E. A declared false start under 101.1.3E or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.(2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.(3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B and A (bonus final and consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.(4) If the C and B (bonus and consolation) finals have already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

(E) Exceptions for Failure to compete — No penalty shall apply for failure to withdraw or compete in an individual event if:(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.(2) A swimmer qualifying for a C, B, or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## **Marshaling**

This meet is a self-marshaled meet.

## **Seeding**

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event.

Prelim events with distances 200 and shorter will be seeded slowest to fastest, with the fastest 3 prelim heats circle seeded.

Prelim events with distances 400 and longer will be seeded fastest to slowest, with the fastest 2 prelim heats circle seeded, alternating genders.

The 1000 Freestyle will be mixed gender, seeded fastest to slowest.

### **Deck Entries**

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures. Deck Entries will be **\$11.25** per individual prelim/final event and **\$8.75** timed final event. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by showing an electronic USA Membership card on the USA Swimming website or USA Swimming app. Name, date of birth and club affiliation should then be provided to meet administrative staff.

### **Meet Programs/Admissions**

Admission is **\$5.00** per day. Children 12 & under are free with paying adult. Heat Sheets will be sold for **\$3.00** and announced as they are available.

### **Scoring**

Overall team scores will be calculated in this meet. Prelim/Final and Timed Finals events will score. The top 10 finishers in each age final will be awarded points as follows: 11 points for 1<sup>st</sup> place, 9 points for 2<sup>nd</sup> place, 8 points for 3<sup>rd</sup> place, 7 points for 4<sup>th</sup> place, 6 points for 5<sup>th</sup> place, 5 points for 6<sup>th</sup> place, 4 points for 7<sup>th</sup> place, 3 points for 8<sup>th</sup> place, 2 points for 9<sup>th</sup> place, 1 point for 10<sup>th</sup> place.

### **Awards**

Medals will be presented to 1<sup>st</sup> thru 10<sup>th</sup> place in all super finals as well as the 1000 freestyle timed finals. Ribbons will be presented to 1<sup>st</sup> thru 10<sup>th</sup> place in all age group finals. An overall Team Champion trophy will be presented to the club with the most overall points.

### **Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

### **Concessions**

Food and beverages will be available in the mezzanine behind the bleachers on the 2<sup>nd</sup> floor. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

### **Lost and Found**

Articles may be turned in/picked up at the lost and found box adjacent to the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck. Only athletes are permitted in the locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability. All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

## **First Aid**

Supplies will be kept on the Pool Deck outside of the pool administrative office.

## **Medical Supervision**

The on deck first aid station will be staffed by volunteers for the duration of the meet. Lifeguards will not be provided. Coaches are first aid and CPR certified. An AED will be available.

## **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

**Meet Director:** John Fodell | (313) 686-1117 | [headgator83@gmail.com](mailto:headgator83@gmail.com)

**Meet Referee:** Jeff Wilkins | (313) 574-3638 | [Jeffrey.wilkins@comcast.net](mailto:Jeffrey.wilkins@comcast.net)

**Safety Marshall:** Jennifer Sherman

**Administrative Official:** Eric Gunderson | (313) 655-5266 | [ebgundy@gmail.com](mailto:ebgundy@gmail.com)

## **Schedule of Events**

**2025-25 Super Fast And Furious Prelim/Final – Sanction Number MI2526037**

### **Saturday AM Open Prelims / PM Finals**

| <u>Girls Event #</u> | <u>Boys Event #</u> | <u>Event</u> | <u>Finals Breakdown</u>                         |
|----------------------|---------------------|--------------|-------------------------------------------------|
| 1                    | 2                   | 200 Free     | 1x Super, 1x 13 & Over, 1x 11-12, 1x 10 & Under |
| 3                    | 4                   | 50 Breast    | 1x Super, 1x 11-12, 1x 9-10, 1x 8 & Under       |
| 5                    | 6                   | 100 Fly      | 1x Super, 1x 13 & Over, 1x 11-12, 1x 10& Under  |
| 7                    | 8                   | 200 Breast   | 1x Super, 1x 13 & Over, 1x 12 & Under           |
| 9                    | 10                  | 50 Back      | 1x Super, 1x 11-12, 1x 9-10, 1x 8 & Under       |
| 11                   | 12                  | 100 Free     | 1x Super, 1x 13 & Over, 1x 11-12, 1x 10 & Under |
| 13                   | 14                  | 200 Back     | 1x Super, 1x 13 & Over, 1x 12 & Under           |
| 15                   | 16                  | 400 IM       | 1x Super                                        |

### **Saturday Afternoon 1000 Free**

| <u>Girls Event #</u> | <u>Boys Event #</u> | <u>Event</u> | <u>Finals Breakdown</u> |
|----------------------|---------------------|--------------|-------------------------|
| 33 Mixed             |                     | 1000 Free    | Timed Finals Only       |

### **Sunday AM Open Prelims / PM Finals**

| <u>Girls Event #</u> | <u>Boys Event #</u> | <u>Event</u> | <u>Finals Breakdown</u>                                 |
|----------------------|---------------------|--------------|---------------------------------------------------------|
| 17                   | 18                  | 200 IM       | 1x Super, 1x 13 & Over, 1x 12 & Under                   |
| 19                   | 20                  | 50 Free      | 1x Super, 1x 13 & Over, 1x 11-12, 1x 9-10, 1x 8 & Under |
| 21                   | 22                  | 100 Breast   | 1x Super, 1x 13 & Over, 1x 11-12, 1x 10 & Under         |
| 23                   | 24                  | 100 Back     | 1x Super, 1x 13 & Over, 1x 11-12, 1x 10 & Under         |
| 25                   | 26                  | 50 Fly       | 1x Super, 1x 11-12, 1x 9-10, 1x 8 & Under               |
| 27                   | 28                  | 100 IM       | 1x Super, 1x 11-12, 1x 9-10, 1x 8 & Under               |
| 29                   | 30                  | 200 Fly      | 1x Super, 1x 13 & Over, 1x 12 & Under                   |
| 31                   | 32                  | 500 Free     | 1x Super                                                |