



## **Integrity, Inclusion, Education, Excellence**

### **2024 Fall Tune-Up**

**Hosted By: Lakeview Aquatic Club**

**October 5 - 6, 2024**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2425001**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

### **Minor Athlete Abuse Prevention Policy Acknowledgement**

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

### **Location**

Battle Creek Lakeview High School: 15060 Helmer Road; Battle Creek, MI 49015

### **Times:**

**Saturday A.M.** Warm-up Starts: 8:30 A.M. Events Start: 9:30 A.M.

**Saturday P.M.** Warm-up to start immediately following the 12 & Under session but not before 12:00 pm. Meet will start 60 minutes after warm-up begins but not before 1:00pm.

**Sunday A.M.** Warm-up Starts: 8:30 A.M. Events Start: 9:30 A.M.

**Sunday P.M.** Warm-up to start immediately following the 12 & under session but not before 12:00 P.M. Meet will start 60 minutes after warm-up begins but not before 1:00 P.M.

## **Facilities**

The Battle Creek Lakeview Pool is a 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 7ft and 8ft<sup>1</sup> and 12.5ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. A Daktronics timing system with an 8-lane display will be used.

## **Course Certification**

The competition course has not been certified in accordance with 104.2.2C(4)

## **Meet Format**

All events are timed finals. Age groups 12 and under will swim in the morning session and results will be grouped by age and gender; 8 & under, 9 & 10, 11 & 12. Open age group will swim in the afternoon session. No Relays will be offered.

## **Eligibility**

All athletes and clubs registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

## **Entry Procedures**

Entries may be submitted to the Administrative Official as of September 14th @ 3:00 P.M. The Administrative Official must receive all entries no later than September 30th @ 8:00 P.M. Entries must include the correct swimmer's name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

## **Entry Acceptance and Processing**

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

## **Individual Entry Limits**

Athletes would be allowed 4 individual events per session but no more than 6 events per day. Deck entries would count toward daily total entries for athletes.

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<sup>1</sup> Depth at Start must meet State of Michigan requirements.

**Entry Fees**

\$5.00 per individual event. Make checks payable to Lakeview Aquatic Club.

**Surcharges**

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

**Paper Entries**

MS rules regarding non-electronic entries apply. \$6.00 per individual and an additional charge of \$1.00 per event paid if the entry is not submitted in Hy-Tek format. Any surcharges detailed in the previous section also apply to paper entries. Paper entries may be submitted to the Administrative Official on a spreadsheet of your choice however, the paper entry must be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

**Refunds**

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

**Entry Paperwork**

Checks should be sent via U.S. mail or nationally recognized overnight courier to:

*Lakeview Aquatic Club  
166 Minges Hills Drive  
Battle Creek, MI. 49015*

**Check In**

Check-in will be required and will be located outside the locker rooms. Check-in will close 15 minutes after the start of warm-ups for each session.

**Marshaling**

Swimmers will be responsible for reporting to the marshaling area when their event is called.

**Seeding**

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events will be seeded slowest to fastest except the 500 Free that would be seeded fastest to slowest with alternating gender – women/men.

**Deck Entries**

Deck entries will be allowed and will be conducted in accordance with current Michigan Swimming, Inc. rules & procedures. Deck entries are \$7.50. Deck entry swimmers are subject to the Michigan Swimming \$1.00 general surcharge if they are not already entered in the meet. For deck entries, registration status must be proven by showing an electronic USA Membership card on the USA Swimming website or USA Swimming app.

**Meet Programs/Admissions**

Meet admission is \$5.00 per person. Kids 10 & under are free. Heat Sheets will be available for \$1.00.

**Scoring**

No individual or team scoring will be kept.

**Awards**

Ribbons will be awarded for 1st through 8<sup>th</sup> place for all 8 and under, 9-10 and 11-12 age groups. No awards will be given for Open events.

**Results**

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

**Concessions**

Food and beverages will be available on the balcony of the spectator area. No food or beverage will be allowed on the deck of the pool, in the locker rooms. A hospitality area will be available for coaches and officials.

## **Lost and Found**

Articles may be turned in/picked up at the pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

## **Swimming Safety**

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

## **Racing Start Certification**

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Deck Personnel/Locker Rooms/Credentialing**

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

## **Swimmers with Disabilities**

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm-ups.

## **First Aid**

Supplies will be kept in the pool office.

## **Medical Supervision**

Lifeguards will be on site during the entirety of the meet to administer first aid. First aid supplies will be kept in the pool office. AED device is located in the pool area.

## **Facility Items**

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is prohibited.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## **General Information and Errors/Omissions**

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

## **Meet Personnel**

**Meet Director:** Kyle Lott / [klott@lakeviewspartans.org](mailto:klott@lakeviewspartans.org) (Must be a USA Swimming member)

**Meet Referee:** Charles Amaro/charles\_amaro@hotmail.com

**Safety Marshal:** Andy Fredenburg

**Administrative Official:** Maritza Amaro/amarom.msao@gmail.com/618-304-2909 (coaches only)

**2024 Fall Tune-Up**  
**Sanction No.: MI2425001**

**Saturday Morning, October 5, 2024**

<i>Warm-up starts 8:30 AM</i>		<i>Check-in closes 8:45 AM</i>	<i>Meet starts 9:30 AM</i>	
<u>Girls</u>	<u>Age</u>	<u>Description</u>	<u>Age</u>	<u>Boys</u>
1	12 & Under	25 Back	12 & Under	2
3	12 & Under	100IM	12 & Under	4
5	12 & Under	50 Fly	12 & Under	6
7	12 & Under	100 Breast	12 & Under	8
9	12 & Under	50 Free	12 & Under	10
11	12 & Under	25 Breast	12 & Under	12
13	12 & Under	100 Back	12 & Under	14
15	12 & Under	200 Free	12 & Under	16

**Saturday Afternoon, October 5, 2024**

*Warm-up starts immediately following the morning session but not before 12:00 pm. Check-in closes 15 minutes after warm-up starts and meet will start 60 minutes after warm-up begins but not before 1:00pm.*

<u>Girls</u>	<u>Age</u>	<u>Description</u>	<u>Age</u>	<u>Boys</u>
17	Open	100 Fly	Open	17
19	Open	200 Breast	Open	20
21	Open	50 Back	Open	22
23	Open	100 IM	Open	24
25	Open	100 Free	Open	26
27	Open	200 Back	Open	28
29	Open	50 Breast	Open	30
31	Open	500 Free*	Open	32

\*To be seeded faster to lowest, alternating gender.

**Sunday Morning, October 6, 2023**

<i>Warm-up starts 8:30 AM</i>		<i>Check-in closes 8:45 AM</i>	<i>Meet starts 9:30 AM</i>	
<u>Girls</u>	<u>Age</u>	<u>Description</u>	<u>Age</u>	<u>Boys</u>
33	12 & Under	25 Fly	12 & Under	34
35	12 & Under	100 Free	12 & Under	36
37	12 & Under	50 Breast	12 & Under	38
39	12 & Under	200 IM	12 & Under	40
41	12 & Under	25 Free	12 & Under	42
43	12 & Under	100 Fly	12 & Under	44
45	12 & Under	50 Back	12 & Under	46

**Sunday Afternoon, October 6, 2023**

*Warm-up starts immediately following the morning session but not before 12:00 pm. Check-in closes 15 minutes after warm-up starts and meet will start 60 minutes after warm-up begins but not before 1:00pm.*

<u>Girls</u>	<u>Age</u>	<u>Description</u>	<u>Age</u>	<u>Boys</u>
47	Open	200 Fly	Open	48
49	Open	50 Free	Open	50
51	Open	200 IM	Open	52
53	Open	50 Fly	Open	54
55	Open	100 Breast	Open	56
57	Open	100 Back	Open	58
59	Open	200 Free	Open	60



