



Save the Date Meet Announcement

Romeo & Juliet ABC Meet

Hosted By: Romeo Dolphins Swim Club

January 20, 21 & 22, 2017

Sanction - This meet will be a Sanctioned meet by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S). In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as it will be fully set forth in the meet rules.

Location – Romeo Senior High School

11091 West 32 Mile Road, Romeo, MI 48065

Times – Friday PM: Warm Up 5:00 pm & Meet Start 6:00 pm

Saturday & Sunday AM: Warm Up 7:30 am & Meet Start 8:30 am

Saturday & Sunday PM: Warm Up 12:30 pm & Meet Start 1:30 pm

Facilities – Romeo is an 8-lane pool. Depth at start is 11 feet and 3'6" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Daktronics with an 8-lane display will be used. There is bleacher seating for spectators, but due to limited seating, NO bags will be allowed in the bleachers. Lockers are available (provide your own lock). Public phones will be available. The competition course has not been certified in accordance with 104.2.2C (4).

Eligibility – Romeo & Juliet is an ABC Meet for all swimmers. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on January 20, 2017 will determine his/her eligibility for a particular age group.

Meet Format – Timed finals format. This is an age group swim meet. Swimmers are grouped by age and gender: 8 & Under, 10 & Under, 11-12 and Open. The time standards used in this meet are A, B & C.

Individual Entry Limits – Swimmer's entries are limited to 5 individual events and 1 relay event Saturday and Sunday and 2 individual events Friday.

Contact for more information – Laurie Corey, runlbrc@gmail.com, 586.453.2492

Hotel Information – Hampton Inn: 51620 Shelby Pkwy, Shelby Township, MI 48315

586.731.4267

"Romeo and Juliet" ABC Meet

Session One: Friday Evening

Warm-Up: 5:00 pm

Meet Start: 6:00 pm

Mandatory Check-In Closes: 5:15 pm

Event 1: Girls 10 & Under 200 IM

Event 2: Boys 10 & Under 200 IM

Event 3: Girls 12 & Under 400 IM

Event 4: Boys 12 & Under 400 IM

Event 5: Girls Open 400 IM

Event 6: Boys Open 400 IM

Event 7: Girls 12 & Under 500 Free

Event 8: Boys 12 & Under 500 Free

Event 9: Girls Open 500 Free

Event 10: Boys Open 500 Free

Session Two: Saturday Morning

Warm-Up: 7:30 am

Meet Start: 8:30 am

Mandatory Check-In Closes: 7:45 am

- Event 11: Girls 8 & Under 25 Back
- Event 12: Boys 8 & Under 25 Back
- Event 13: Girls 10 & Under 50 Back
- Event 14: Boys 10 & Under 50 Back
- Event 15: Boys 11-12 50 Back
- Event 16: Girls 8 & Under 25 Free
- Event 17: Boys 8 & Under 25 Free
- Event 18: Boys 11-12 200 Back
- Event 19: Girls 10 & Under 100 Free
- Event 20: Boys 12 & Under 100 Free
- Event 21: Girls 8 & Under 50 Fly
- Event 22: Boys 8 & Under 50 Fly
- Event 23: Girls 10 & Under 100 Fly
- Event 24: Boys 12 & Under 100 Fly
- Event 25: Girls 8 & Under 25 Breast
- Event 26: Boys 8 & Under 25 Breast
- Event 27: Girls 10 & Under 50 Breast
- Event 28: Boys 12 & Under 50 Breast
- Event 29: Boys 11-12 200 Breast
- Event 30: Girls 10 & Under 200 Free
- Event 31: Boys 12 & Under 200 Free
- Event 32: Girls 10 & Under 200 Medley Relay
- Event 33: Boys 12 & Under 200 Medley Relay

Session Three: Saturday Afternoon

Warm-Up: 12:30 pm

Meet Start: 1:30 pm

Mandatory Check-In Closes: 12:45 pm

Event 34: Girls 11-12 100 Back

Event 35: Girls Open 100 Back

Event 36: Boys Open 100 Back

Event 37: Girls 11-12 200 Free

Event 38: Girls Open 200 Free

Event 39: Boys Open 200 Free

Event 40: Girls 11-12 50 Fly

Event 41: Girls 11-12 200 Fly

Event 42: Girls Open 200 Fly

Event 43: Boys Open 200 Fly

Event 44: Girls 11-12 100 Breast

Event 45: Girls Open 100 Breast

Event 46: Boys Open 100 Breast

Event 47: Girls 11-12 100 Free

Event 48: Girls Open 100 Free

Event 49: Boys Open 100 Free

Event 50: Girls Open 400 Medley Relay

Event 51: Boys Open 400 Medley Relay

Session Four: Sunday Morning

Warm-Up: 7:30 am

Meet Start: 8:30 am

Mandatory Check-In Closes: 7:45 am

- Event 52: Girls 8 & Under 25 Fly
- Event 53: Boys 8 & Under 25 Fly
- Event 54: Girls 10 & Under 50 Fly
- Event 55: Boys 12 & Under 50 Fly
- Event 56: Girls 8 & Under 50 Back
- Event 57: Boys 8 & Under 50 Back
- Event 58: Boys 11-12 200 Fly
- Event 59: Girls 10 & Under 100 Back
- Event 60: Boys 12 & Under 100 Back
- Event 61: Girls 8 & Under 50 Free
- Event 62: Boys 8 & Under 50 Free
- Event 63: Girls 10 & Under 50 Free
- Event 64: Boys 12 & Under 50 Free
- Event 65: Girls 8 & Under 50 Breast
- Event 66: Boys 8 & Under 50 Breast
- Event 67: Girls 10 & Under 100 Breast
- Event 68: Boys 12 & Under 100 Breast
- Event 69: Girls 10 & Under 100 IM
- Event 70: Boys 10 & Under 100 IM
- Event 71: Boys 11-12 200 IM
- Event 72: Girls 10 & Under 200 Free Relay
- Event 73: Boys 12 & Under 200 Free Relay

Session Five: Sunday Afternoon

Warm-Up: 12:30 pm

Meet Start: 1:30 pm

Mandatory Check-In Closes: 12:45 pm

Event 74: Girls 11-12 100 Fly

Event 75: Girls Open 100 Fly

Event 76: Boys Open 100 Fly

Event 77: Girls 11-12 50 Back

Event 78: Girls 11-12 200 Back

Event 79: Girls Open 200 Back

Event 80: Boys Open 200 Back

Event 81: Girls 11-12 50 Free

Event 82: Girls Open 50 Free

Event 83: Boys Open 50 Free

Event 84: Girls 11-12 50 Breast

Event 85: Girls 11-12 200 Breast

Event 86: Girls Open 200 Breast

Event 87: Boys Open 200 Breast

Event 88: Girls 11-12 200 IM

Event 89: Girls Open 200 IM

Event 90: Boys Open 200 IM

Event 91: Girls Open 400 Free Relay

Event 92: Boys Open 400 Free Relay