

Michigan Swimming Proposed Legislation

Affected Rule or Procedure (current page #, or n/a):_____ **1. All Timed Finals meets shall be no more than four hours (4:00) per session, excluding warm-ups.**

2. All Prelim / Finals meets shall be no more than eight (8:00) hours per day, excluding warm-ups. These meets may have any combination of session lengths so long as the eight hours per day limit is not exceeded. This means that a preliminary session might last five hours but the finals session must then be completed within three hours (for a maximum total of eight hours per day).

3. In the event that the meet format is a combination of a Prelim/Final meet and a Timed Final Meet, both 1 and 2 above apply. This means that the Prelim-Finals portion of the meet needs to be completed within eight (8:00) combined hours for the two sessions. The timed final session must complete within the four (4:00) hours per session. In this meet format the total sessions, excluding warm-ups, shall be no longer than 12 hours and shall not go past 10:00

Description of Issue:

_Change of Michigan 4 hour rule to comply with the National rule in that it will apply only to sessions designated for age groups 12 and under

Requested New Rule or Procedure: The application of the 4 hour rule in Michigan Swimming will only apply to those age groups that are 12 and under

Proposed Effective Date: 9.1.10.

Proposed by (must be a current member): Michael O' Connor, Pointe Aquatics

**Board Action: (Adopted by Board) (Adopted by Board with modification) (Board recommends rejection)
(Board recommends referral to House of Delegates)**