

2015 Michigan Swimming 12 & Under Short Course State Championships Hosted by: KAC, ROCK, and SWYM Friday through Sunday, March 13 through 15, 2015

SANCTION: This meet is sanctioned by Michigan Swimming, Inc., as a championship prelim/finals and timed finals (selected events) swimming meet on behalf of USA Swimming, Sanction **MI1415080**, Time Trial Sanction **MITT1415080**. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. All Michigan Swimming, Inc. rules, safety and warm up procedures will govern the meet as if fully set forth in this meet announcement.

LOCATION: The East Kentwood High School Natatorium at 6230 Kalamazoo Avenue Southeast, Kentwood, MI 49508-7022.

FACILITY: The Competition Pool, located in the athletic wing, is an 8 lane 25 Yard pool. Depth at start is 7 feet deep and 9-13 feet at the turn. There will be 5 lanes available for supervised warm up and cool down in the diving well area. The instructional pool will also be available for warmup sessions, though no diving will be permitted. Permanent starting blocks and non-turbulent lane markers will be used. A Colorado timing system and scoreboard will be used with an 8 lane display. Eight (8) lanes will be used for Timed Final and Prelim events with 8 lanes used for Finals events. There is ample balcony seating for 1000 spectators. Lockers are available (provide your own lock). Public phones will be available. East Kentwood High School, Michigan Swimming, Inc., Kentwood Aquatic Club, Rockford Riptide, and South West Y (SWYM), are not responsible for lost or stolen items. The competition course has not been certified in accordance with 104.2.2C (4).

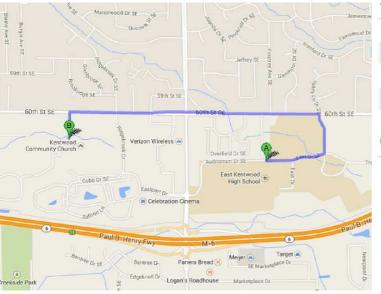
CONTROLLED WARM UP: Teams will be assigned to a group.

- Group 1 general warm-up in prelims from 7:30 to 8:00am; No dives allowed
- Group 2 general warm-up in prelims from 8:00 to 8:30 a.m.; No dives allowed
- One-way sprints & dives all eight lanes from 8:30 to 8:50 a.m.

Note: Friday warmups will start 1 hour later.

PARKING: East Kentwood High School will have school in session on Friday, March 13th. The academic school day begins at 7:40 am. No general parking on campus will be allowed during the am session. limited Handicap parking spaces available on campus. Parking for the morning session will otherwise be off campus, at Kentwood Community Church, located at 1200 - 60th Street Southeast, Kentwood, MI 49508. A shuttle system will be available from 7:45 am and throughout the day until approximately 1 hour after the end of the prelim session. You will be able to drop your swimmers off for warm-up starting at 8 a.m. (first warmup begins at 8:30 am) at entrance "K" (marked below) and then park at the Kentwood Community Church where shuttle busses/vans will bring parents and spectators to the natatorium. Attendees will be directed through drop off areas by East Kentwood HS Staff from 8:00 am - 3:00 pm. It is recommended that all attendees and participants ride the shuttle to the parking area after the Friday session to avoid delays in getting picked up. Carpooling is also recommended for the Friday AM session if possible. Beginning with the Friday Finals Session, parking on campus will be allowed.





Head east on Auditorium Dr SE toward East Dr	go 0.1 mi total 0.1 mi
2. Continue straight onto East Dr SE	go 0.1 mi total 0.2 mi
3. Turn left onto Valley Ln Dr SE About 45 secs	go 0.2 mi total 0.4 mi
4. Take the 1st left onto 60th St SE About 2 mins	go 1.0 mi total 1.4 mi
Turn left onto Kentwood Community Church Rd Destination will be on the left	go 0.1 mi total 1.5 mi
Kentwood Community Church 1200 60th St SE, Kentwood, MI 49508	

HOTELS & ACCOMODATION: Attached at the end of the document are the recommended hotel partners for the meet.

STATE MEET APPAREL: State Meet Apparel will be available for purchase during the meet. Should you wish to pre-order apparel, please see website: http://design.midwest-embroidery.com/201512UStateMeet

ELIGIBILITY: All 12 and Under athletes registered with Michigan Swimming who have achieved current short course yards, short course meters or long course meters time equal to or faster than the qualifying standards (referred to as **Q1** times) during the qualifying period are eligible to enter an event.

Athletes with a disability should refer to the Michigan Swimming Rules and Procedures Section H (9 (a) & (b) pages 19 and 20; which can be found on the Michigan Swimming website at www.miswim.org, under the Administration tab, for qualifying information.

DECK REGISTRATION: Deck registrations are not accepted at this meet.

EVENT SCHEDULE

Friday Prelims:

8:15 – 8:30 a.m. General Coach's meeting

8:30 – 9:50 a.m. General warm up; see procedure in

coach's packet

15 minutes after the end of the General Coach's meeting the Scratch Box closes for Friday Prelims and 500 Free.

10:00 a.m. Preliminary Events Start

Friday Finals:

No Finals Check-In required.

4:30 – 5:20 p.m. Warm Up

5:30 p.m. Final Events Start

6:00 p.m. Scratch Box closes for Sat Prelims 6:00 p.m. Saturday 200 Free Relay Check In (by

Coaches only) for seeding only

Saturday Prelims:

7:30 – 8:50 a.m. General warm up; see procedure in

Coach's packet

9:00 a.m. Preliminary Events Start

10:00 a.m. Saturday 200 Free Relays Declared

Saturday Finals:

No Finals Check-In required.

4:30 – 5:20 p.m. Warm Up

5:30 p.m. Final Events Start

6:00 p.m. Scratch Box Closes for Sunday Prelims

and 400 IM

6:00 p.m. Sunday 200 Medley Relay Check In

(by Coaches only) for seeding only.

Sunday Prelims:

7:30 – 8:50 a.m. General warm up; see procedure in

Coach's packet

9:00 a.m. Preliminary Events Start

10:00 a.m. Sunday 200 Medley Relays Declared

Sunday Finals:

4:00 - 4:50 p.m. Warm Up

5:00 p.m. Final Events Start

No Finals Check-In required / Note that this Session starts ½ hour earlier than Fri and Sat Finals

Sessions

AGE GROUP: A swimmer's age on March 13, 2015 will determine his/her eligibility for a particular age group for the entire meet. Swimmer must swim his/her own age group.

FORMAT:

- (1) All Michigan Swimming LSC individual events in the specified age groups are offered in this three day meet.
- (2) All individual events are prelim final events with two selected timed finals exceptions, 500 Free and the 400 IM, with the preliminaries swum in the morning and the finals at night.
- (3) All relays are timed finals. The fastest seeded heats of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.

QUALIFYING PERIOD: The qualifying time must have been achieved on or since January 1, 2014.

CONVERSION/ INDIVIDUAL ENTRY TIMES: No time conversions are permitted. Times must be submitted in short course yards, short course meters, or long course meters. Entry times for individual events shall (a) be achieved during the qualifying period (b) be submitted to the hundredths of a second and (c) be the fastest achieved time by the swimmer during the qualifying period. Exception for the two individual Timed Finals Events: A swimmer, if entered in two or more events on the day of the 500 Free or the 400 IM, may down seed at the meet to the minimum Q1 standard. **See page 9 for directions regarding relay entries.**

ENTRY PROCEDURE: Michigan swimming has adopted USA Swimming's OME (Online Meet Entry) as the sole process for entering teams and individuals swimmers into the State Meet. Times achieved at any USA Swimming sanctioned, observed or approved meet will appear in OME. Entry opening date is February 18, 2015. Follow the step by step instructions to complete your entries:

- **Step 1** Go to <u>www.usaswimming.org/OME</u>
- Step 2 Click on "Available Meets", select Michigan Swimming LSC, and then click on "Search". Scroll down to locate the 2015 MICHIGAN 12 AND U SC STATE CHAMPIONSHIP from the list of meets.
- Click on "Enter team" and login using your team login (HEAD COACH ID); or you may need to create an account for your team, then login. A pick list of your athletes who have qualifying times in SWIMS will appear. From here, select the events you want to enter. Athletes whose times are not in SWIMS must enter using the custom time option and send a proof of time to the Michigan Swimming Entry Contact. See the Proof of Time section for further instruction. Relay only swimmers must enter by listing in the Relay Only section for your team.
- **Step 4** Double click on the athletes who you want to enter into the meet and complete your entry. You may add to your entry. It does not have to be completed at one time.
- Steps 5 When you are finished make sure to check out. You may pay with a credit card or send a check to the Payment Contact (see PAYMENT CONTACT section). Make sure your entry is done before you checkout. You will not be able to change it after checking out.
- **Step 6** You will receive an email confirming your entries.

Step 7 Mail your completed Release and Waiver, Certification of Registration Status, and check (If you did not pay with a credit card) to the Payment Contact. Mail or email any necessary proof of time documents to the Entry Contact.

PROOF OF TIMES: Michigan swimming will accept all qualifying times contained in USA Swimming's SWIMS database, as well as times from meets sanctioned by other national governing bodies including college, high school, Masters, YMCA, and foreign meets approved by FINA that have been run on approved meet management software within the qualifying period (on or after January 1, 2014). The SWIMS database contains results of all sanctioned, observed and approved meets held in the USA for athletes who are registered USA swim member at the time of the swim. Times from the SWIMS database are proven times and do not require any further proof. If a time does not appear in OME it is **NOT** a proven time. Use the custom time entry function to enter the meet with this time and send in a proof of time. **EVENT ENTRIES USING THE CUSTOM TIME PROCESS ARE NOT** PROVEN AND REQUIRE A PROOF OF TIME SUBMISSION TO THE ENTRY CONTACT. IF YOU DO NOT SUPPLY AN ACCEPTABLE PROOF OF TIME BEFORE THE DEADLINE THE SWIMMER WILL BE SCRATCHED FROM ANY AND ALL EVENTS REQUIRING THE PROOF OF TIME. REFUNDS WILL NOT BE ISSUED FOR FAILURE TO SUPPLY A PROOF OF TIME.

ACCEPTABLE PROOFS include printed meet results which clearly identify the meet host, meet location and meet date (swim date must be on or after January 1, 2014) as well as the name of the event and the names, clubs and times of other swimmers in the event. The **PREFERRED PROOF** is a locked Meet Manager backup of the meet results. Team Manager export files are also accepted but are not preferred. Computer printed award labels and/or time cards signed by a meet referee are NOT acceptable for proof purposes.

DEADLINE: All proofs for times achieved prior to March 2, 2015 should be received by the MI Swimming Office by Tuesday, March 3, 2015. Proofs for cuts achieved or updated times achieved on or after March 2, 2015 are due by Tuesday, March 10, 2014, but clubs are encouraged to send them as soon as possible. Coaches may send proofs to the Entry Contact as soon as they enter an override time into the OME.

Swimmers whose times cannot be proven will be rejected and will not be entered in that event. The Entry Contact will notify the swimmer's club entry chair of the rejection using the email address provided in OME.

Mail or email all proofs to the ENTRY CONTACT, Michigan Swimming Office, 2900 Rodd St, #1784, Midland, Mi 48641-1784, or to JBCartmill@gmail.com. DO NOT SEND THESE TO THE MEET PAYMENT CONTACT.

ENTRY LIMITS: A swimmer may **enter** any number of individual events in which the qualifying time standard has been met. However, a swimmer may **swim** no more than three individual events per day. A swimmer may **swim** no more than six individual events for the entire three day meet. If a swimmer is **entered** in more than three individual events per day, he/she must scratch out of the desired excess event(s) by using a scratch card dropped in the scratch box by the stated time. Failure to properly scratch excess events will result in an automatic scratch of all events that exceed the event per day limit.

SWIMMERS WITHOUT A COACH: Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ENTRY FEES: \$7.50 per individual event and \$12.00 per relay. Please include a \$3.00 Michigan Swimming Athlete Surcharge for each swimmer entered. Checks will be accepted as payment, if you did NOT pay by credit card on OME. Please make checks payable to **Rockford Riptide.**

PAPER ENTRY: Paper entries are not accepted for this meet. All Entries must be processed using Online Meet Entry (OME).

ENTRY DEADLINE: The OME entries will close at 8:00 am on Tuesday, March 10, 2015. Entries submitted will not be considered as officially received until the PAYMENT CONTACT has received: (a) the signed Release and Waiver, (b) the Certification of Registration Status form, and (c) the team check or credit card payment via OME. All paperwork must be received by Wednesday, March 11, 2015 in order for your team to participate in the meet. If overnight courier is used, you must waive the signature requirement.

MISSED ENTRY: A Coach or an Entry Chair who has made an honest mistake and inadvertently failed to enter a swimmer and/or swimmers in an event by the entry deadline may then do so by: a) entering the athlete(s) and/or event(s) by the scratch deadline of the first day of the meet; b) paying a fee of \$100.00 per team and double the entry fee for the event; and, c) providing a paper proof of time (meet results) to the Meet Referee at the time of the entry. These fees will go to the meet host for the administrative burden resulting from late entry. The Meet Referee's decision is final and non-appealable.

DECK ENTRY: There are no deck entries for this meet.

PAYMENT CONTACT: Your Club's entry package and check should be sent via U.S. mail or nationally recognized overnight courier to the payment contact. **If sending the entry by overnight courier/express mail, you must waive the signature requirement.**

Send To:

Dana Kraus, PO Box 382, Rockford MI 49341

REFUNDS: There are no refunds in full or in part once a team or individual entry has been entered into OME and you have checked out.

FINALS INFO:

<u>Individual Events:</u> There will be two heats of individual finals 10 and under and 11/12 – each heat is comprised of a maximum of eight (8) swimmers. These will be referred to as "A, B" Finals or "Championship Finals and Consolation Finals." These will swim in a B-Consolation, A-Championship Finals order.

Relay Events: The fastest seeded heat (top eight) of all relays will swim in the evening Finals session. The remainder of the relays, swim during the morning prelims.

Order of Events: Note the order of events as stated in the schedule of events for Finals. Finals are not necessarily swum in the same order as they are swum in the Prelims. Consult the heat sheet.

Scratch Rules/Individual Events: (1) All individual events will conform to the USA National Scratch Procedure with the exception of the 400 IM and **500 Free.** With these rules in effect you are no longer required to "check in" for any individual events - you are already "checked in" by virtue of your entry and thus expected to swim the event. If you are entered in an event you must swim the event, or if desired, scratch the event correctly in order to avoid being penalized. To scratch a preliminary or timed finals event you must drop a scratch card in a scratch box by the time stated. To scratch from a Finals event (that you have qualified for) you must scratch or declare your intention to scratch within 30 minutes after the qualifiers are announced pursuant to 207.11.6 E (2). If you fail to scratch out of any individual event correctly and fail to compete in the event you will be penalized. (2) Once a scratch card is dropped in the scratch box the swimmer is declared scratched from the event. Only Coaches and swimmers may use a scratch card to scratch an event. (3) A separate scratch card must be used to scratch each individual event a swimmer desires to scratch. Exception: A Coach may use a single scratch card to scratch a swimmer from all events the swimmer is entered in (i.e. remove the swimmer from the entire meet).

Penalties for Failure to Compete:

Preliminary Events: If a swimmer fails to drop his/her scratch card by the time stated for the event and fails to compete in that event, the swimmer will be barred from all further preliminary individual and relay events of that day. Additionally, the swimmer will not be seeded in any further individual events on succeeding days unless that swimmer declares intent to swim prior to the close of the scratch box for that day's event. (See Meet Referee or his/her designee).

Finals: If a swimmer qualifies for a finals event as a result of his/her preliminary swim and fails to properly scratch, or fails to properly declare an intention to scratch pursuant to the rule within 30 minutes after the final qualifiers are announced, and fails to compete in that event final, the swimmer will be barred from further competition for the remainder of the meet. NOTE: If a swimmer declares that he/she may want to scratch an event but does not return to confirm that scratch within 30 minutes following the conclusion of the swimmer's last event, the swimmer will be seeded into the Finals event, and will be similarly penalized if the swimmer does not compete in Finals. (See Meet Referee or his/her designee).

SCRATCH DEADLINES:

<u>Scratch deadline for Prelim Events:</u> All prelim scratch times are specifically listed above in the "Times" section.

<u>Scratch deadline for all Final events:</u> Thirty minutes after the qualifiers for the event are announced. (See USA Rule 207.11.6 D and E).

Additional \$50 Penalty: In addition to the procedures and penalties stated above, if a swimmer participates in any event in this meet and then fails to compete in his/her last scheduled individual event of the meet without being properly scratched for that event, he/she shall be fined \$50 payable immediately to MS. The swimmer is not allowed to compete in any subsequent MS sanctioned events until the fine is paid.

RELAY ENTRY:

- **A.** Each team may enter no more than two (2) relays in a relay event. Relay entries must be designated as "A" and/or "B".
- **B.** A and/or B relays must be entered with a seed time, and the seed time must be at or faster than the qualifying standard for the relay event. A and/or B relays may be entered without proof of a qualifying time. Teams may enter relays by entering a relay time for the team which is already in SWIMS, by entering an aggregate time from SWIMS, or they may enter a custom time for the relay(s).
- **C.** Swimmers participating in an individual event(s) and "Relay Only Swimmers" are eligible to compete on an A or B relay.
- D. ALL RELAY SWIMMERS MUST BE ENTERED IN THE MEET USING OME. ATHLETES NOT ON THE OME ENTRY REPORT ARE NOT ELIGIBLE TO SWIM.

RELAY PROOF OF TIME: With the OME system, THE TEAM OWNS THE TIME and the only proofs needed are if a team overrides the entry time (i.e. Uses a "custom time") and does not swim equal to or faster than the cut. Therefore, if an override (custom) time is used for the relay entry and the team is DQ'd or swims slower than the cut, then they will have to prove the time after the meet. This is done by proving the aggregate time for the four individuals who actually swam on the particular relay within 30 days following the conclusion of the meet to the Michigan Swimming office (Jan Cartmill). The aggregate time to be proved need not be equivalent to the submitted entry time for the relay, however, the time must be at or faster than the qualifying standard for the relay event. Aggregate proof times must all be equivalent (i.e. all SCY,

all LCM, all SCM), all times must have been achieved during the qualifying period (on or after January 1, 2014), and may not use conversions in determining the submitted proof of time. Failure to prove a qualifying aggregate time within the 30 days will result in a fine of \$100 payable immediately to Michigan Swimming. Failure to pay the \$100 fine will result in that team being barred from participating in any future events sanctioned or approved by Michigan Swimming until the fine is paid.

RELAY CHECK IN: All relay check in times are listed in the "**Times**" section. All relays must be positively checked in by the scratch deadline for that day's events to be seeded.

DECLARATION OF RELAY SWIMMERS: In addition to the relay check in requirement, the names and order of relay swimmers and alternates must initially be declared **(Relays Declared)** by accurately writing all the swimmers names and order on a relay card provided for that purpose. The names and order of four relay swimmers must be declared for seeding purposes by: **(1)** 10 a.m. Saturday for the 200 Free and **(2)** 10 a.m. Sunday for the 200 Medley Relays. The order of relay swimmers may be changed (by coaches only) up to the start of the heat.

If a coach wishes to change the order of the four swimmers that will actually swim, the coach must indicate the change to the <u>Deck</u> Referee or his/her designee sufficiently in advance to the start of the heat so as not to delay the heat. The Deck Referee or his/her designee in the coach's presence will alter the order of swimmers on the relay card. If the relay fails to actually swim in the final order as declared on the relay card - the relay will be disqualified.

SEEDING:

Individual Events:

- (1) Individual events will be swum in preliminary/final format except for the 10 & Under and 11/12 500 Free and the 11/12 400 IM which will be swum in a Timed Finals format.
- (2) These two Timed Final events (10 and under and 11/12 500 Free and 11/12 400 IM) will be seeded after the scratch box closes for the event. The fastest seeded heat (top 8) after scratches (if any) of these events will swim during the finals sessions on Friday night (500 Free) and during the Finals on Sunday night (400 IM). The remaining heats of these two timed finals events will swim in the morning sessions and be swum fastest to slowest and alternating gender (female/male). Swimmers should consult the heat sheets carefully for their heat and lane. Awards and scoring/place for these two timed finals events are determined by all the athletes' performances in all the heats (i.e. times achieved in the preliminary heats are used to determine the top 16 finishers even though the time was not achieved in the Finals.)
- (3) The final three heats of all other prelim/final events will be circle seeded slowest to fastest.

RELAY EVENTS:

- (1) All relay events will be timed finals.
- (2) The fastest seeded heats (top eight) of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.
- (3) Relays will be standard seeded slowest to fastest.

PROTESTS: USA Swimming Rule 102.23 shall be used.

MARSHALING: This is a self-marshaled meet. All swimmers will be expected to find their heat and lane independently. Heats will not be delayed. Heat cards will not be used. Heat sheets will be posted.

TIME TRIALS: At the discretion of the Meet Referee and Meet Director, and if time permits, time trials may be offered for all events immediately following the conclusion of the day's preliminary heats. However, time trials for the 500 Free / 400 IM will be offered only on the days those events are swum in prelims. Athletes swimming time trials for the 500 Free / 400 IM will be placed in the slowest heats with open lanes in the preliminary events, regardless of gender. Time trials are \$7.50 for an individual event and \$15 for a relay. Time trials are subject to the Michigan Swimming Championship Time Trial Rules which are reviewable in full on the Michigan Swimming website. Notable portions of the rule include: (1) To participate in time trials the swimmer must be already participating in this Short Course State Meet, either in an individual event or a relay event (including relay only athletes) (2) Swimmers are limited to two time trials for the entire meet (3) Time trials count against the total number of individual events per day (no more than 3 individual per day) but not toward the total number of individual events for the entire meet (6). If an athlete has entered the maximum number of individual events allowed per day and wants to swim a time trial, the athlete must scratch an event using the scratch box by the stated deadline or not swim the time trial in order to assure the limit of swims per day is not exceeded.

AWARDS: Michigan Swimming provides medals for 1^{st} – 8^{th} place finishers in both individual and relay events, and ribbons for 9^{th} – 16^{th} in all individual and relay events. There are individual high point awards for 1^{st} – 3^{rd} place finishers in each age group. There is an overall Team State Champion and runner-up trophy.

AWARD PRESENTATIONS: There will be a formal awards presentation. See event schedule for finals.

AWARD DISTRIBUTION: Awards for $9^{th} - 16^{th}$ place will be bagged for each team and available for immediate pickup at the end of the meet on Sunday evening. No awards will be mailed. No exceptions.

PROGRAMS: Meet Programs are \$10.00. Coupons for free preliminary heat sheets will be located in the program. Once an announcement is made that the session's heat sheets are available, return the appropriate heat sheet coupon to the admissions table to receive that session's heat sheet. Preliminary heat sheets are \$3.00 (without a coupon). Final session heat sheets are \$2.00 and can be purchased at Admissions.

ADMISSIONS: \$5.00 per person/per day (one-time fee for the day's prelims and finals). Children age 10 and younger are free. Spectator Passes (all sessions) are available for \$15 on Friday. Although there is no discount associated with the Spectator Pass (all sessions) it will eliminate the need to stand in the admission line. The Spectator Pass must be worn on your person at all times. No exceptions. Please do not abuse this family friendly policy.

SCORING: Individual events points:

20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1 for 1^{st} - 16^{th} respectively. Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2 for 1^{st} - 16^{th} respectively. Relay points affect team scoring only and are not counted toward individual high point.

RESULTS: Results will also be posted following the conclusion of the meet on the Michigan Swimming Website at www.miswim.org Unofficial results will also be available (HY-TEK Meet Manager) to coaches only (Coaches must provide a flash drive). Please use Meet Mobile for unofficial live results.

CONCESSIONS/HOSPITALITY: Full concessions will be available for purchase in the concession area in the pool balcony area. NO glass containers will be allowed on the pool deck and will be confiscated if found. Violators of the No Glass Rule face ejection from the meet (either spectator or athlete) at the discretion of the Meet Referee. Violators may also face further sanctions from Michigan Swimming. A hospitality area will be available for coaches & officials.

LOST AND FOUND: Articles may be turned in to a designated lost and found area in the pool office (on deck). The Meet host will retain articles not picked up by the end of the meet for 14 days. Articles will be donated to a charitable organization after 14 days.

SAFETY: Michigan Swimming safety and warm up rules will be followed. In the event of a medical emergency the swimmer's coach is responsible for the care of the athlete. The participating athlete and/or the athlete's USA Swim Club will be responsible for any costs incurred if it is necessary to call 911, EMS, etc. If the athlete is participating without a parent present it is highly suggested that the coach have the athlete's insurance cards and signed releases allowing them to direct medical care.

DECK PERSONNEL: Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed at check in near the pool access area from the main foyer. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

GENERAL INFO: Any errors or omissions in this meet announcement will be documented by the Meet Referee and available for review at the Clerk of Course. Information will also be covered at the Coaches' Meeting.

FACILITY ITEMS:

- (A) First Aid supplies will be kept with the life guard on duty.
- (B) No smoking is allowed in the building or on the grounds.
- (C) No glass or coolers are allowed anywhere in the aquatics center.
- (D) No folding chairs/bag chairs/camping chairs will be allowed in the balcony.
- (E) No bare feet allowed outside of the pool area.
- (F) An Emergency Action Plan is available for review near the clerk of course.
- (G) To comply with USA Swimming privacy and security policy the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (H) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

MEET REFEREE: Daniel Meconis, <u>daniel.meconis@sbcglobal.net</u>,

(Cell 248-417-9703)

MEET DIRECTOR: Marjorie Schuchardt and Lori Gates

CLERK OF COURSE: Betty Peristeridis, peris4swim@yahoo.com

SAFETY MARSHALL: Mike Cutler, coachmcutler@riptide.org

Cell 616-206-8950

SWIM VENDOR: Sun and Snow

ENGRAVING: JBL Enterprises

PHOTOGRAPHER: TBD

APPAREL PRINTING: Midwest Custom Embroidery

FOOD VENDOR: Kentwood Public Schools

2015 MS 12 & Under Short Course State Championships Q1 Time Standards

Qualifying Period: January 1, 2014 to Entry Deadline

10	Qualityi UNDER GIRLS &	_	10 & UNDER BOYS			
			EVENT			
LCM	SCM	SCY	EVENI	SCY	SCM	LCM
35.79	34.79	31.09	50 Freestyle	31.29	35.09	35.99
1:19.49	1:17.09	1:09.39	100 Freestyle	1:09.79	1:17.59	1:19.99
2:53.29	2:47.99	2:31.59	200 Freestyle 400/500	2:34.29	2:50.99	2:56.39
6:04.49	5:56.79	6:46.39	Freestyle	6:55.89	6:05.19	6:13.09
43.19	40.89	36.79	50 Backstroke	37.59	41.79	44.19
1:32.99	1:28.39	1:19.49	100 Backstroke	1:21.19	1:30.29	1:34.99
48.29	46.29	41.69	50 Breaststroke	43.29	48.09	50.19
1:45.79	1:41.69	1:31.59	100 Breaststroke	1:34.29	1:44.69	1:48.89
40.59	39.49	35.49	50 Butterfly	36.29	40.49	41.49
1:36.49 Not	1:34.39	1:24.69	100 Butterfly	1:28.79	1:38.99	1:41.19 Not
Offered	1:27.99	1:19.49	100 IM	1:20.69	1:29.19	Offered
3:20.39 Not	3:12.99	2:53.69	200 IM	2:56.49	3:16.09	3:23.59 Not
Offered Not	2:25.19	2:10.99	200 Free Relay	2:13.99	2:28.49	Offered Not
Offered	2:47.59	2:30.99	200 Medley Relay	2:41.99	2:59.99	Offered
	11-12 GIRLS				11-12 BOYS	
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
		27.60		07.60		
31.89	30.99	27.69	50 Freestyle	27.69	30.99	31.89
1:09.59	1:07.49	1:00.69	100 Freestyle	1:00.29	1:06.99	1:09.09
2:33.19	2:28.49	2:13.99	200 Freestyle 400/500	2:12.69	2:27.09	2:31.69
5:17.69	5:10.99	5:54.19	Freestyle	5:56.09	5:12.69	5:19.39
37.69	35.69	32.09	50 Backstroke	32.49	36.19	38.19
1:21.69	1:17.59	1:09.79	100 Backstroke	1:10.09	1:17.89	1:21.99
2:52.19	2:46.19	2:29.59	200 Backstroke	2:32.49	2:49.39	2:55.49
42.29	40.59	36.49	50 Breaststroke	36.29	40.29	42.09
1:31.59	1:28.09	1:19.29	100 Breaststroke	1:20.29	1:29.19	1:32.79
3:17.69	3:10.49	2:51.59	200 Breaststroke	2:53.89	3:13.09	3:20.39
35.39	34.39	30.89	50 Butterfly	31.09	34.69	35.59
1:19.19	1:17.39	1:09.49	100 Butterfly	1:11.09	1:19.19	1:20.99
3:07.09	3:02.59	2:43.89	200 Butterfly	2:48.69	3:07.99	3:12.59
Not						Not
Offered	1:18.19	1:10.79	100 IM	1:10.49	1:17.89	Offered
2:53.69	2:47.29	2:30.59	200 IM	2:31.09	2:47.89	2:54.29
6:15.69	6:01.09	5:24.99	400 IM	5:27.79	6:04.19	6:18.99
Not Offered	2:05.19	1:52.99	200 Free Relay	1:56.99	2:09.69	Not Offered
Not Offered	2:23.19	2:08.99	200 Medley Relay	2:14.99	2:29.99	Not Offered

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim the event at this meet.

2015 MS 13/14 & Open Short Course State Championships Q1 Time Standards

Qualifying Period: January 1, 2014 to Entry Deadline

		Qualifying Per	riod: January 1, 2014 to Entry	y Deadline		
13-1	4 WOMEN				13-14 MEN	
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
29.89	29.19	26.09	50 Freestyle	25.09	28.09	28.89
1:05.19	1:03.19	56.89	100 Freestyle	54.79	1:00.89	1:02.79
2:21.59	2:17.29	2:03.89	200 Freestyle	1:59.49	2:12.39	2:16.59
4:58.19	4:51.89	5:32.49	400/500 Freestyle	5:22.89	4:43.49	4:49.59
10:15.79	9:55.49	11:26.59	800/1000 Freestyle	11:19.19	9:49.09	10:09.19
19:53.39	19:08.59	19:23.49	1500/1650 Freestyle	19:03.79	18:49.09	19:33.19
1:14.99	1:11.19	1:04.09	100 Backstroke	1:03.49	1:10.59	1:14.29
2:38.89	2:33.49	2:18.09	200 Backstroke	2:18.09	2:33.49	2:38.89
1:24.89	1:21.59	1:13.49	100 Breaststroke	1:11.79	1:19.79	1:22.89
3:06.69	2:59.79	2:41.99	200 Breaststroke	2:38.09	2:55.49	3:02.09
1:13.79	1:12.19	1:04.79	100 Butterfly	1:02.39	1:09.49	1:11.09
2:48.49	2:44.39	2:27.59	200 Butterfly	2:26.59	2:43.29	2:47.39
2:42.99	2:36.99	2:21.29	200 IM	2:16.19	2:31.29	2:37.09
5:51.39	5:37.69	5:03.89	400 IM	4:59.99	5:33.29	5:46.89
4:39.39	4:31.09	4:03.99	400 Free Relay	3:57.99	4:24.39	4:32.59
10:07.99	9:49.49	8:51.99	800 Free Relay	8:41.99	9:38.39	9:56.59
5:03.59	4:55.29	4:25.99	400 Medley Relay	4:24.99	4:54.09	5:02.49
OPE	EN WOMEN				OPEN MEN	
LCM	SCM	SCY	EVENT	SCY	SCM	LCM
28.99	28.19	25.19	50 Freestyle	23.09	25.99	26.69
1:02.49	1:00.59	54.49	100 Freestyle	49.79	55.29	57.09
2:15.59	2:11.39	1:58.59	200 Freestyle	1:51.19	2:03.19	2:07.09
4:47.29	4:41.19	5:20.29	400/500 Freestyle	5:03.99	4:26.89	4:32.69
10:07.99	9:47.99	11:17.89	800/1000 Freestyle	10:39.79	9:14.89	9:33.79
19:37.69	18:53.49	19:08.19	1500/1650 Freestyle	18:10.49	17:56.49	18:38.49
1:12.69	1:08.99	1:02.09	100 Backstroke	58.19	1:04.69	1:08.09
2:36.19	2:30.79	2:15.69	200 Backstroke	2:09.19	2:23.59	2:28.69
1:22.89	1:19.69	1:11.79	100 Breaststroke	1:06.69	1:14.09	1:16.99
3:01.89	2:55.29	2:37.89	200 Breaststroke	2:27.99	2:44.29	2:50.49
1:10.59	1:09.09	1:01.99	100 Butterfly	55.99	1:02.39	1:03.79
2:43.69	2:39.79	2:23.39	200 Butterfly	2:13.19	2:28.39	2:32.09
2:36.99	2:31.19	2:16.09	200 IM	2:06.19	2:20.19	2:25.59
5:40.29	5:26.99	4:54.29	400 IM	4:40.99	5:12.19	5:24.89
4:21.19	4:13.29	3:47.99	400 Freestyle Relay	3:29.99	3:53.39	4:00.59

9:30.29	9:12.89	8:18.99	800 Freestyle Relay	7:43.99	8:32.59	8:50.29
4:59.09	4:50.79	4:21.99	400 Medley Relay	4:04.99	4:31.99	4:39.69

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim the event at this meet.

Posted November 2014

SCHEDULE OF EVENTS

Friday, March 13, 2015

Friday Prelims:

8:15 – 8:30 a.m. Coaches' Meeting (scheduled)

8:30 – 9:50 a.m. General warm up; see procedure in

coaches' packet

15 minutes after the end of the General Coach's meeting the Scratch Box closes for Friday Prelims and 500 Free.

10:00 a.m.

Preliminary Events Start

If you qualify for Finals and don't want to compete in the event in the evening session you <u>must</u> scratch or declare your intention to scratch within 30 minutes after the qualifiers for finals in the event are announced. See the Meet Referee or his/her designee.

Girls <u>Event #</u>	Event Name	Boys <u>Event #</u>
1	11&12 - 200 Breast	2
3	11&12 - 50 Free	4
5	10&U - 50 Free	6
7	11&12 - 100 IM	8
9	10&U - 100 Back	10
11	11&12 - 100 Back	12
13	10&U - 50 Fly	14
15	11&12 - 50 Fly	16
17	10&U - 500 Free	18
19	11&12 - 500 Free	20

Friday Finals:

4:30 – 5:20 p.m. Warm-up **5:30 p.m. Events Start**

- No Friday Finals Check In Required
- Scratch Box closes for Saturday Prelims at 6:00 pm Saturday 200 Free Relays must be checked in by Coaches by 6:00 pm

Event order: 1 thru 20

Fastest seeded heat (Top 8) of Events 17 – 20 (500 Free) swim in Finals

Awards ceremonies following events: 6, 16, 20

Saturday, March 14, 2015

Saturday Prelims:

7:30 – 8:50 a.m. General warm up; see procedure in

coaches' packet

9:00 a.m. Preliminary Events Start

10:00 a.m. Saturday 200 Free Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you <u>must</u> scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls <u>Event #</u>	Event Name	Boys <u>Event #</u>
21	11&12 - 200 Free	22
23	10&U - 200 Free	24
25	11&12 - 100 Breast	26
27	10&U - 100 Breast	28
29	11&12 - 200 Fly	30
31	10&U - 50 Back	32
33	11&12 - 50 Back	34
35	10&U - 100 IM	36
37	11&12 - 200 IM	38
39	10&U - 200 Free Relay	40
41	11&12 - 200 Free Relay	42

Saturday Finals:

4:30 - 5:20 p.m. Warm-up

5:30 p.m. Events Start

- No Saturday Finals Check In Required
- Scratch Box closes for Sun Prelims and 400 IM at 6:00 pm
- Sunday 200 Medley Relays must be checked in by the coaches by 6:00 pm.

Event order: 21 thru 42 Fastest seeded heats of relays swim in Finals Awards ceremonies after events: 28, 34, 38, 42

Sunday, March 15, 2015

Sunday Prelims:

7:30 – 8:50 a.m.	General warm up; see procedure in
	coaches' packet
9:00 a.m.	Preliminary Events Start
10:00 a.m.	Saturday 200 Free Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you <u>must</u> scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls <u>Event #</u>	Event Name	Boys <u>Event #</u>
43	11&12 - 100 Free	44
45	10&U - 100 Free	46
47	11&12 - 200 Back	48
49	10&U - 50 Breast	50
51	11&12 - 50 Breast	52
53	10&U - 100 Fly	54
55	11&12 - 100 Fly	56
57	10&U - 200 IM	58
59	11&12 - 400 IM	60
61	10&U - 200Med Rel	62
63	11&12 - 200 Med Rel	64

Sunday Finals:

Note that this session starts 1/2 hour earlier than Fri and Sat

4:00 - 4:50 p.m. Warm-up **5:00 p.m. Events Start**

• No Finals Check In Required

Event Order: 43 thru 64

Fastest seeded heats of relays swim in Finals Fastest seeded heats (Top 8) of events 59 and 60 (400 IM) swim in

Finals

Awards ceremonies after events: 48, 56, 60
Relay and Team and Individual High point awards will be given out after the conclusion of the relays.

2015 Michigan Swimming 12 & Under Short Course State Championships Hosted by: KAC, ROCK, and SWYM

Sanction Number: MI1415080

Release and Waiver

Enclosed is a total of \$_____ covering fees for all the above entries.

In consideration of acceptance of this entry I/We hereby, for ours heirs, administrators, and assigns, waive and release any and against East Kentwood High School, Michigan Swimming, Inc., Aquatic Club, Rockford Riptide, and South West Y (SWYM), and Uni Swimming, Inc. for injuries and expenses incurred by Me/Us at o to said swim meet or any liabilities or claims by reason of injuries during the conduct of this event.	all claims Kentwood ted States r traveling
>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	·>>>>
In granting the sanction it is understood and agreed that East Kent School, Michigan Swimming, Inc., Kentwood Aquatic Club, Rockfor and South West Y (SWYM), and United States Swimming, Inc. sh from any liabilities or claims for damages arising by reason of anyone during the conduct of this event.	rd Riptide, all be free
Signature:	
Position:	
Street Address:	
City, State, Zip:	
E-mail:	
Coach Name:	
Coach Phone:	
Coach E-Mail:	
Club Name:	-
Club Code:	_

Hotel Information & Accommodation

ALL ROOMS MUST BE RESERVED BY Feb. 12th, 2015 in order to receive the lower rates. In order to receive the rate, they MUST identify themselves with "12U State Swim Meet".

Hilton Grand Rapids Airport

Hotel Address: 4747 28th Street SE, Grand Rapids, Michigan

Zip code - 49512-1915 Phone Number: 1-616-957-0100

Online Registration Link:

http://www.hilton.com/en/hi/groups/personalized/G/GRRHIHF-12USM-

20150312/index.jhtml?WT.mc_id=POG

Group Name: 12U SWIM MEET

Group Code: 12USM
Check-in: 12-MAR-2015
Check-out: 15-MAR-2015
Rate: \$95.00 plus tax

Holiday Inn Express & Suites Grand Rapids North

358 River Ridge Drive NW, Walker, MI 49544

616.647.4100

8 Double Queen Rooms \$119.00

5 Double Queen Suites \$139.00 (3) Queen Beds in this room one of

them is a pull out sofa

7 Kings with sofa bed \$129.00

Reference: 12U State Swim Meet

Baymont Inn and Suites SW

8282 Pfieffer Farms Drive SW, Byron Center, MI 49315 616.583.9535 30 rooms per night – Checking in Thursday the 12th, checking out the 15th

Rate: \$89.00 plus tax

Code/Reference: 12U State Swim Meet

Sleep Inn and Suites

4284 29th Street SE, Grand Rapids, MI 49512 616.975.9000

40 rooms per night- Checking in Thursday the 12th, checking out the 15th

Rate: \$94.00 plus tax

Code/Reference: 12U State Swim Meet

Best Western Hospitality Hotel & Suites

5500 28th Street Southeast, Grand Rapids, MI 49512 616.949.8400

30 rooms per night - Checking in Thursday the 12th, checking out the 15th

Rate: \$94.00 plus tax

Code/Reference: 12U State Swim Meet

Country Inn and Suites East

3251 Deposit Drive NE, Grand Rapids, MI 49546 616.942.7000

20 rooms per night - Checking in Thursday, the 12th, checking out the 15th

Rate: \$119.99 plus tax

Code/Reference - Phone Reservation: 12U State Swim Meet

2015 Michigan Swimming 12 & Under Short Course State Championships Hosted by: KAC, ROCK, and SWYM

Sanction Number: MI1415080

Certification of Registration Status of All Entered Athletes

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming prior to submitting the meet entry to the meet host.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have entered an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is: UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

registered members of	tes submitted $\underline{\text{with this meet entry}}$ are currently USA Swimming and that I am authorized by my Club ition in my listed capacity.
By:	
,	(Signature)
	(Printed Name of person signing above)
Сара	city:
Club	Name:
Date	

This form must be signed and returned with the entry or the entry will not be accepted.

Meet Evaluation Form Sanction Number: MI1415080

Name of Meet: Michigan Swimming 12 & Under State Championship Meet

Date of Meet: March 13 through 15, 2015 Host of Meet: KAC, ROCK, and SWYM

Place of Meet: East Kentwood High School

Who do you represent (circle)? Host Clu		Visiting Club Unattache			ed
Describe yourself (circle)	Athlete	Coach	Official	Meet Worker	Spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

	Lov	V		Hi	gh
Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5
6. Officiating	1	2	3	4	5
7. Awards and award presentations:	1	2	3	4	5
8. Safety provisions:	1	2	3	4	5
9. Overall success of the meet:	1	2	3	4	5
10. Other (please specify):	1	2	3	4	5

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office (Jan Cartmill and John Loria) within 30 days.