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| **Time Standards for 2016 Long Course State Championship Meet(s) (Q1 Times)****Qualifying Period: January 1, 2015 to entry deadline****Posted October 2015** |
| **GIRLS** | **EVENT**  | **BOYS** |
| **SCY** | **SCM** | **LCM** | **10 & UNDER** | **LCM** | **SCM** | **SCY** |
| 29.79\* | 34.59\* | 35.09\* | 50 Freestyle | 36.99\* | 36.49\* | 30.09 |
| 1:05.39 | 1:17.39\* | 1:18.29\* | 100 Freestyle | 1:21.69\* | 1:20.79\* | 1:06.69\* |
| 2:22.59\* | 2:50.19\* | 2:51.19\* | 200 Freestyle | 2:58.79 | 2:57.79 | 2:24.79\* |
| 6:21.99\* | 6:01.89\* | 6:05.69\* | 400/500 Freestyle | 6:28.99\* | 6:25.19\* | 6:27.79\* |
| 34.79\* | 42.09\* | 42.79\* | 50 Backstroke | 44.29\* | 43.59\* | 35.69\* |
| 1:14.89 | 1:29.69\* | 1:31.19\* | 100 Backstroke | 1:34.39\* | 1:32.89\* | 1:16.69\* |
| 39.69 | 48.59\* | 49.19\* | 50 Breaststroke | 52.19 | 51.59 | 41.19\* |
| 1:27.19 | 1:45.19\* | 1:46.69\* | 100 Breaststroke | 1:52.59\* | 1:51.09\* | 1:30.09 |
| 33.19\* | 39.59\* | 40.19\* | 50 Butterfly | 43.69\* | 43.09\* | 34.09\* |
| 1:18.69 | 1:38.49\* | 1:39.79\* | 100 Butterfly | 1:44.99\* | 1:43.69\* | 1:20.09\* |
| 2:43.09\* | 3:14.19\* | 3:17.79\* | 200 Individual Medley | 3:27.49\* | 3:23.89\* | 2:47.09\* |
| 2:07.49\* | 2:32.39 | 2:37.99 | 200 Free Relay \*\* | 2:39.49 | 2:33.49 | 2:14.49\* |
| 2:25.19\* | 2:55.19 | 3:03.09 | 200 Medley Relay \*\* | 3:15.29 | 3:06.39 | 2:33.79\* |
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| **GIRLS** | **EVENT**  | **BOYS** |
| **SCY** | **SCM** | **LCM** | **11 - 12** | **LCM** | **SCM** | **SCY** |
| 26.39\* | 31.09\* | 31.59\* | 50 Freestyle | 32.29\* | 31.79\* | 26.59\* |
| 57.79\* | 1:07.99\* | 1:08.89\* | 100 Freestyle | 1:11.09\* | 1:10.19\* | 58.29\* |
| 2:05.89\* | 2:29.79\* | 2:30.79\* | 200 Freestyle | 2:35.49\* | 2:34.49\* | 2:07.49 |
| 5:36.89\* | 5:12.19\* | 5:16.09\* | 400/500 Freestyle | 5:23.09 | 5:19.29 | 5:45.49\* |
| 30.89\* | 36.19\* | 36.89\* | 50 Backstroke | 38.69\* | 37.99\* | 31.09 |
| 1:05.99\* | 1:17.89\* | 1:19.39\* | 100 Backstroke | 1:22.69\* | 1:21.19\* | 1:07.19 |
| 2:21.79\* | 2:45.59\* | 2:52.59\* | 200 Backstroke | 2:59.19\* | 2:56.19\* | 2:23.09 |
| 34.49\* | 41.29\* | 41.89\* | 50 Breaststroke | 43.79\* | 43.19\* | 35.09 |
| 1:14.49\* | 1:29.49\* | 1:30.99\* | 100 Breaststroke | 1:43.29\* | 1:32.79\* | 1:16.09 |
| 2:43.49\* | 3:12.89\* | 3:16.39\* | 200 Breaststroke | 3:24.19\* | 3:20.69\* | 2:45.19 |
| 29.39\* | 33.59\* | 34.19\* | 50 Butterfly | 36.19\* | 35.59\* | 29.99 |
| 1:05.69\* | 1:18.49\* | 1:19.79\* | 100 Butterfly | 1:26.39\* | 1:25.09\* | 1:07.89 |
| 2:29.89\* | 3:14.39\* | 3:17.69\* | 200 Butterfly | 3:30.29\* | 3:26.99\* | 2:36.79 |
| 2:24.69\* | 2:50.39 | 2:53.99 | 200 Individual Medley | 2:58.89\* | 2:55.29\* | 2:25.89 |
| 5:07.89\* | 6:05.89\* | 6:13.99\* | 400 Individual Medley | 6:41.79 | 6:33.69 | 5:08.69 |
| 1:49.99\* | 2:08.29 | 2:12.89 | 200 Free Relay \*\* | 2:19.89 | 2:15.09 | 1:52.29\* |
| 2:03.89\* | 2:24.59 | 2:31.29 | 200 Medley Relay \*\* | 2:39.89 | 2:32.89 | 2:09.69\* |
| **\*\* 10 & U and 11-12 age groups will use the 200 Free Relay and the 200 Medley Relay standards as qualifying times for the 400 Free and the 400 Medley Relays at this meet.** |

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| **WOMEN** | **EVENT**  | **MEN** |
| **SCY** | **SCM** | **LCM** | **13 - 14** | **LCM** | **SCM** | **SCY** |
| 25.49\* | 29.49\* | 29.99\* | 50 Freestyle | 28.29\* | 27.79\* | 23.99\* |
| 55.39\* | 1:03.99\* | 1:04.89\* | 100 Freestyle | 1:01.69\* | 1:00.79\* | 51.49\* |
| 1:59.09\* | 2:21.19\* | 2:22.19\* | 200 Freestyle | 2:14.49\* | 2:13.29\* | 1:51.89\* |
| 5:23.29\* | 4:56.59\* | 5:00.39\* | 400/500 Freestyle | 4:47.99\* | 4:44.19\* | 5:08.49\* |
| 11:24.19\* | 10:15.79 | 10:27.09 | 800/1000 Freestyle | 10:20.19 | 10:08.89 | 10:48.99 |
| 18:58.29\* | 19:40.09 | 20:00.09 | 1500/1650 Freestyle | 19:50.99 | 19:30.99 | 18:04.19\* |
| 1:02.19\* | 1:14.19\* | 1:15.69\* | 100 Backstroke | 1:12.39\* | 1:10.89\* | 59.39\* |
| 2:14.69\* | 2:40.59\* | 2:43.59\* | 200 Backstroke | 2:35.69\* | 2:32.89\* | 2:08.59\* |
| 1:11.29 | 1:24.39\* | 1:25.89\* | 100 Breaststroke | 1:21.49\* | 1:19.99\* | 1:05.79\* |
| 2:37.79 | 3:03.69\* | 3:07.19\* | 200 Breaststroke | 2:56.49\* | 2:52.99\* | 2:25.99 |
| 1:01.69\* | 1:11.99\* | 1:13.29\* | 100 Butterfly | 1:09.49\* | 1:08.19\* | 57.99\* |
| 2:21.59\* | 2:49.69\* | 2:52.99\* | 200 Butterfly | 2:44.79\* | 2:41.49\* | 2:10.09\* |
| 2:17.59\* | 2:39.39\* | 2:42.99\* | 200 Individual Medley | 2:33.59\* | 2:29.99\* | 2:09.09 |
| 4:52.89\* | 5:42.89\* | 5:50.99\* | 400 Individual Medley | 5:33.09\* | 5:24.99\* | 4:34.99 |
| 3:53.79\* | 4:23.79 | 4:32.99 | 400 Free Relay | 4:32.59 | 4:23.19 | 3:38.09\* |
| 8:26.89\* | 9:25.99 | 9:45.49 | 800 Free Relay | 9:50.69 | 9:31.49 | 8:04.39\* |
| 4:20.19\* | 5:12.39 | 5:23.59 | 400 Medley Relay | 5:30.89 | 5:19.49 | 4:03.29\* |
| **WOMEN** | **EVENT** | **MEN** |
| **SCY** | **SCM** | **LCM** | **OPEN** | **LCM** | **SCM** | **SCY** |
| 25.09\* | 28.49\* | 28.99\* | 50 Freestyle | 26.29\* | 25.79\* | 22.39\* |
| 54.39 | 1:01.79\* | 1:02.69\* | 100 Freestyle | 57.29\* | 56.39\* | 48.69 |
| 1:57.69\* | 2:14.89\* | 2:15.89\* | 200 Freestyle | 2:05.59\* | 2:04.59\* | 1:47.99\* |
| 5:15.69 | 4:45.99\* | 4:49.79\* | 400/500 Freestyle | 4:29.69\* | 4:25.89\* | 4:52.29\* |
| 10:54.09\* | 9:56.79 | 10:08.09 | 800/1000 Freestyle | 9:38.79 | 9:27.49 | 10:39.79 |
| 18:18.79\* | 19:10.99 | 19:30.99 | 1500/1650 Freestyle | 18:43.99\* | 18:23.99\* | 18:06.69\* |
| 1:00.69\* | 1:10.59\* | 1:12.09\* | 100 Backstroke | 1:07.39\* | 1:05.89\* | 55.79 |
| 2:10.69\* | 2:33.19\* | 2:36.19\* | 200 Backstroke | 2:27.79\* | 2:24.79\* | 2:02.19 |
| 1:09.39\* | 1:22.19\* | 1:23.69\* | 100 Breaststroke | 1:15.69\* | 1:14.19\* | 1:02.29\* |
| 2:31.09\* | 3:00.29\* | 3:03.79\* | 200 Breaststroke | 2:48.69\* | 2:45.19\* | 2:17.59\* |
| 1:00.09\* | 1:08.89\* | 1:10.19\* | 100 Butterfly | 1:03.29\* | 1:01.29\* | 53.69 |
| 2:13.99\* | 2:41.19\* | 2:44.49\* | 200 Butterfly | 2:29.59\* | 2:26.29\* | 2:02.99\* |
| 2:13.69\* | 2:32.19\* | 2:35.79\* | 200 Individual Medley | 2:24.19\* | 2:20.59\* | 2:02.09\* |
| 4:44.29\* | 5:33.29\* | 5:41.39\* | 400 Individual Medley | 5:20.29\* | 5:12.19\* | 4:21.99\* |
| 3:46.39\* | 4:07.79 | 4:16.99 | 400 Freestyle Relay | 3:55.89 | 3:46.69 | 3:29.99 |
| 8:12.09\* | 9:04.59 | 9:23.49 | 800 Freestyle Relay | 8:51.89 | 8:32.69 | 7:32.29\* |
| 4:11.49\* | 4:48.99 | 4:59.69 | 400 Medley Relay | 4:49.19 | 4:39.19 | 3:51.59\* |