**Attachment 4 – 2017 MS Swim Guide**

**Michigan Swimming, Inc.**

**2017 MS District Short Course Championship Meet Standards**

**Q3 Time Standards**

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| **Qualifying Period: January 1, 2016 to entry deadline** |
| **Slower Than** | **Posted September 2016** | **Slower Than** |
| **10 & UNDER GIRLS** |  | **10 & UNDER BOYS** |
|  | 33.59 |  | 50 Freestyle |  | 34.59 |  |
|  | 1:15.99 |  | 100 Freestyle |  | 1:19.09 |  |
|  | 2:50.09 |  | 200 Freestyle |  | 2:55.69 |  |
|  | 7:42.89 |  | 500 Freestyle |  | 8:05.99 |  |
|  | 40.39 |  | 50 Backstroke |  | 41.69 |  |
|  | 1:27.79 |  | 100 Backstroke |  | 1:32.29 |  |
|  | 45.59 |  | 50 Breaststroke |  | 48.09 |  |
|  | 1:42.79 |  | 100 Breaststroke |  | 1:44.29 |  |
|  | 39.79 |  | 50 Butterfly |  | 42.69 |  |
|  | 1:40.99 |  | 100 Butterfly |  | 1:40.59 |  |
|  | 1:26.59 |  | 100 IM |  | 1:30.99 |  |
|  | 3:16.09 |  | 200 IM |  | 3:24.69 |  |
| **11-12 GIRLS** |  | **11-12 BOYS** |
|  | 29.09 |  | 50 Freestyle |  | 30.59 |  |
|  | 1:05.09 |  | 100 Freestyle |  | 1:09.19 |  |
|  | 2:24.39 |  | 200 Freestyle |  | 2:32.19 |  |
|  | 6:27.99 |  | 500 Freestyle |  | 6:42.19 |  |
|  | 35.09 |  | 50 Backstroke |  | 37.09 |  |
|  | 1:16.39 |  | 100 Backstroke |  | 1:20.19 |  |
|  | 2:48.09 |  | 200 Backstroke |  | 3:09.59 |  |
|  | 39.99 |  | 50 Breaststroke |  | 41.99 |  |
|  | 1:27.69 |  | 100 Breaststroke |  | 1:32.09 |  |
|  | 3:11.09 |  | 200 Breaststroke |  | 3:25.79 |  |
|  | 34.19 |  | 50 Butterfly |  | 36.29 |  |
|  | 1:22.99 |  | 100 Butterfly |  | 1:26.69 |  |
|  | 3:12.59 |  | 200 Butterfly |  | 3:23.99 |  |
|  | 1:16.29 |  | 100 IM |  | 1:20.29 |  |
|  | 2:47.59 |  | 200 IM |  | 2:55.69 |  |
|  | 6:19.89 |  | 400 IM |  | 6:30.89 |  |
| **13-18 WOMEN** |  | **13-18 MEN** |
|  | 27.29 |  | 50 Freestyle |  | 27.09 |  |
|  | 58.59 |  | 100 Freestyle |  | 58.09 |  |
|  | 2:10.79 |  | 200 Freestyle |  | 2:09.79 |  |
|  | 5:47.39 |  | 500 Freestyle |  | 5:47.79 |  |
|  | 12:20.99 |  | 1000 Freestyle |  | 12:24.09 |  |
|  | 20:22.69 |  | 1650 Freestyle |  | 20:27.59 |  |
|  | 1:08.99 |  | 100 Backstroke |  | 1:11.09 |  |
|  | 2:27.89 |  | 200 Backstroke |  | 2:35.69 |  |
|  | 1:18.89 |  | 100 Breaststroke |  | 1:18.49 |  |
|  | 2:52.39 |  | 200 Breaststroke |  | 2:49.79 |  |
|  | 1:08.89 |  | 100 Butterfly |  | 1:08.29 |  |
|  | 2:46.19 |  | 200 Butterfly |  | 2:41.99 |  |
|  | 2:27.79 |  | 200 IM |  | 2:25.69 |  |
|  | 5:26.89 |  | 400 IM |  | 5:24.09 |  |

The District Meet(s) are the beginning level of the MS Championship meets. Those with a Q3 time which is any time **slower than** the JO (Q2) time standard are eligible to swim that event at a District Championship Meet. Once a swimmer has **met or surpassed** the time standard listed above the swimmer is no longer eligible to swim the event at this meet but must swim the event at the next level championship meet.