

Michigan Swimming Blue Junior Olympic Meet **Hosted By: Motor City Aquatics** March 6 through March 8, 2015

Sanction:

This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number MI1415078. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules. The Time Trial sanction number is

MITT1415078.

Location: Lake Orion High School Natatorium

495 E. Scripps, Lake Orion, MI 48360

Times: Friday, March 6 Warm Up 5:00 pm Start 6:00 pm

Warm Up 8:00 a.m. Start 9:00 a.m. Saturday, March 7 Saturday, March 7 Warm Up 1:00 p.m. Start 2:00 p.m. Warm Up 8:00 a.m. Start 9:00 a.m. Sunday, March 8 Sunday, March 8 Warm Up 1:00 p.m. Start 2:00 p.m.

Please refer to the Hotel Information section in this packet for a **Hotels:**

list of area hotels.

Lake Orion is a 25 yard, 11 lane pool (8 lanes will be used for **Facilities:**

competition). A separate 4 lane pool will be available for

supervised warm-up and warm down.

Depth at start is 7 ft. 1 and 9-11 ft. at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8 lane display will be used. There is ample balcony seating for spectators. No public phones. Lockers are available (provide your own lock). The competition course has

not been certified in accordance with 104.2.2C (4)

Eligibility: The Michigan Swimming Blue Junior Olympics Meet is the

> middle level meet (above Districts Meets and below State Meets) of the Michigan Swimming, Inc Championship Meets. Thus, it is a "Faster than/Slower than" time standard swim meet. All swimmers must be currently registered with United States of America Swimming (USA-S). A swimmer's age on March 6, 2015 will determine his/her eligibility for a particular

age group.

¹Depth at Start must meet State of Michigan requirements.

Meet Format:

The format at each of the three Junior Olympics Championship Meets are identical. All events are timed finals. 10&U's and 11-12 age group will swim in the AM sessions. 13&18's will swim in the PM sessions.

Relays are offered.

The 13-18 age group will be swum together but split into 13-14 and 15-18 age groups for awards.

All events will be swum slowest to fastest except for the 500 Freestyle and 1650 Freestyle which will be swum fastest to slowest. The 500 Freestyle and 1650 Freestyle will also be swum alternating genders female/male.

Team Venue:

For the 2015 Junior Olympics Championships meets all teams registered with MS will initially be assigned by the MS Programs Operations Vice Chair to one of the three JO "venues". These venues are geographically located throughout the State of Michigan in an effort to equalize the size (total entries) of the meets as well as equalize the travel distance to The Junior Olympic meets are referred to as the "Red, White, and Blue" meets.

Each MS team will send their entries to the initial venue assigned by the Programs Operations Vice Chair and compete at that venue (i.e. a MS team cannot choose which venue they will compete at). After the entries are received at each venue the Program Operations Vice Chair at his/her discretion has the right to and may reassign clubs among the meet venues to balance the entries in an equitable manner between each venue. Teams will be notified as soon as possible if their swimming venue has been changed. Please contact Mike Cutler at coachmcutler@riptide.org if you have any questions.

Time Standards:

To enter a particular event the swimmer's fastest time achieved between January 1, 2014 and March 2, 2015, must fall between "Q2" (JO minimum qualifying) and the "Q1" (State qualifying) time standards (a "Faster than/Slower than" situation). A swimmer may only compete in events in which they do not have a Q1 State Championship qualifying time prior to the JO Meet. Any swimmer who has achieved a SCM or LCM Q1 time cut which will allow the swimmer to enter an event in the 2015 short course State Meet is ineligible to enter or compete in the same event in the JO meet. This includes any 8 & under swimmer who has achieved the 10 & under O1 standard. If a swimmer achieves a Q1 time in a particular event after his/her entry has been sent to the JO Administrative Official but before March 6, 2015, the swimmer must withdraw from the event unless the "Age Up" exception below applies. Should a swimmer be required to withdraw, they will be refunded the event fee.

Age Up Exception:

All swimmers who "age up" after JOs and before their respective State Meet, either 12 and Under or 13/14 & Open, and who don't have a Q1 (State qualifying) time in their new State Meet age group may enter a particular event in their current age group at JO at a seed time at or faster than their current age groups Q1 Time. This additional entry option is intended to allow all swimmers an opportunity to qualify for the State Meets in their actual age group at the State Meets. Swimmers who enter an event at JO under the "age up" exception are not, however, eligible for awards at JO in that event. Please alert the Administrative Official to all "Age Up" entries by enclosing a statement to that effect in your email or US mail entry. These swimmers must be marked as exhibition in your entry.

Swimmers Without A Coach:

Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Relays:

There will be relays offered this year at the Junior Olympic Meets. Swimmers may enter 1 relay per day. Swimmers must be entered into the meet in at least 1 individual event in order to swim a relay (NO RELAY ONLY SWIMMERS). Additionally, teams are limited to an A and B relay for each relay event.

Individual Entry Limits:

Swimmers may swim a maximum of 1 individual event Friday and 3 individual events and 1 relay each day Saturday and Sunday.

Electronic Entries:

\$5.00 per individual event and \$12.00 per relay event. Please include a \$5.00 Michigan Swimming surcharge for each swimmer entered. Make checks payable to: Motor City Aquatics.

Paper Entries:

MS rules regarding non-electronic entries apply. \$6 per individual event and \$13.00 per relay event. There is a \$1.00 additional charge per individual event and \$1.00 per relay event paid if the entry is not submitted in Hy-Tek format. The Michigan Swimming \$5.00 general surcharge for each swimmer also applies to paper entries. Paper entries may be submitted to the entry chair on a spreadsheet of your choice however the paper entry <u>must</u> be logically formatted and must contain all pertinent information to allow the Administrative Official to easily enter the swimmer(s) in the correct events with correct seed times.

Entry Procedures:

Entries may be submitted to the Administrative Official as of February 13, 2015 at 12pm (noon). The Administrative Official must receive all entries no later than Monday March 2, 2015 at 11:59pm. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. You

can import the order of events and event numbers from the Michigan Swimming website (http://www.miswim.org/). individual entries should be submitted via electronic mail to the Administrative Official at JOmeetEntry@gmail.com. All entries will be processed in order by email date code or mail date code. Any entries submitted will be considered provisional until such time as the Administrative Official has received a hard copy of: (a) your club's entries (Team Manager Meet Entries Report), (b) a hard copy of your club's signed release/waiver agreement (c) your clubs signed certification of entered athletes and (d) your club's entry fees. This must be received in a timely fashion prior to the start of the meet or your swimmers will not be allowed to swim in the meet. The complete Michigan Swimming Blue Junior Olympic meet entry packet with entry forms is available on the Michigan Swimming Website http://www.miswim.org/

Refunds:

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Chair:

Your club's Entry, Entry Summary Sheet, Release/Waiver, Certification of Entered Athletes and Check should be sent via U.S. mail or nationally recognized overnight courier to:

JO Meet Entries ATTN: P. Sambel 4225 Sunningdale Drive Bloomfield Hills, MI 48302

AO Contact:

JOmeetEntry@gmail.com

313-418-0301 - No calls after 9PM please

Check In:

Check In will be available as of 30 minutes before warm-up starts. Check in is mandatory for all events and is required by the time set forth in this meet announcement. Failure to check in will cause the swimmer to be scratched from **all** events in that session. **Check in will close 15 minutes after the start of warm up for each session.** Check in sheets will be posted in the hallway leading to the locker rooms.

Scratch Rules:

<u>Prior</u> to check in close a swimmer may scratch events at the Clerk of Course. <u>After</u> check in closes, you must see the Meet Referee to scratch an event.

Marshaling:

This meet is self marshalled.

Seeding:

Seeding will be done after check in closes. All events will be seeded slowest to fastest except for the 500 yard freestyle and the 1650 yard freestyle which will be swum fastest to slowest. The 500 yard freestyle and 1650 yard freestyle will also be swum alternating genders female/male.

Deck Entries/ Time Trials:

Deck Entries will not be allowed.

trial.

Time trials will be offered at the discretion of the Meet Host and Meet Referee, only if time permits. The cost is \$7 per individual event \$15 for a relay. Only 1 time trial will be allowed per swimmer per day. Time trials do not count towards the maximum per day entry limits of the meet nor does a swimmer need to be entered into the meet to swim a time

Swimmers who are not entered in the meet must prove their USA-S membership by presenting their USA-S membership card, have a print out from their Club portal on the USA-S website, or the athlete may also enter by showing their membership from USA Swimming's DECK PASS on a smart phone. Name, athlete ID and club affiliation should then be added to your database just as it appears on the card, or list or the swimmer may compete unattached (UN).

All time trials, if offered, will be Open events.

Friday evening time trials, if offered, include the 1,000 and 1,650 freestyle events. However, Saturday and Sunday time trial distances, if offered, are limited to distances of 500 yards or shorter.

10 year old swimmers who are "Age Up Athletes" are eligible to time trial the 200 stroke events (fly, back, and breast), however, 10 year old swimmers who are not "Age Up Athletes" may not time trial the Open 200 stroke events.

Meet Programs / Admissions:

Admission is \$5 per person with 10 and under free with a paying adult.

Heat Sheets are available for \$2 per session.

Scoring:

No individual or team scores will be kept.

Awards:

Custom Michigan Swimming Medals for: Individual Events, for 1^{st} - 8^{th} place and ribbons for 9^{th} - 16^{th} place. Relay Events, Relays will be awarded Medals for 1^{st} - 3^{rd} place and ribbons for 4^{th} - 8^{th} place.

Award ceremonies will take place according to the published schedule.

Results:

Complete meet results will be posted on the Michigan Swimming Website at http://www.miswim.org/. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions:

Food and beverages will be available in concessions located near the entrance. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found:

Articles may be turned in/picked up at the pool deck office. Articles not picked up by the end of the meet will be retained by

the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety:

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down lanes and/or diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Deck Personnel /Locker Rooms /Credentialing:

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The General Chair of MS and the Program Operations Vice-Chair of MS are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the doors to the locker rooms / pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities:

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

General Info:

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

First Aid:

Supplies will be kept in the pool office and administered by Lake Orion High School Lifeguard Staff.

Facility Items:

- (A) No smoking is allowed in the building or on the grounds of Lake Orion High School.
- Pursuant to applicable Michigan law, no glass will be (B) allowed on the deck of the pool or in the locker rooms.
- No bare feet allowed outside of the pool area. Swimmers (C) need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Meet Director: Michael Guttilla; mguttilla@comcast.net

(248) 761-3150 - No calls after 9PM please

Meet Referee: Mary Perczak; Flamegang@aol.com

(248) 946-1362 - No calls after 9PM please

Safety Marshal: Andy Paulson; apaulson811@gmail.com

Administrative

Margaret Green; JOmeetEntry@qmail.com Official: (313) 418-0301 - No calls after 9PM please

Teams Assigned to the Blue Junior Olympic Meet

BULLDOG AQUATIC CLUB - (BAC) CHELSEA AQUATIC CLUB - (CAC) **CLUB WOLVERINE - (CW) DEARBORN DOLPHINS - (DRD) DETROIT RECREATION SWIM TEAM - (DRST) DETROIT YACHT CLUB - (DYC) DEXTER COMMUNITY AQUATIC CLUB – (DCAC) DOWNRIVER YMCA GATORS - (DRYG) dROP OF FARMINGTON – (dROP) FARMINGTON FAMILY YMCA STINGRAYS - (FFYS)** FRANCIS FAMILY YMCA - (FFY) **KINGFISH AQUATIC CLUB OF WATERFORD - (KAW)** LAKES AREA TRIDENTS - (LATS) LIFE TIME MICHIGAN SWIMMING - (LTMS) LIVONIA COMMUNITY SWIM CLUB - (LCSC) MILAN SWIM CLUB - (MSC) **MOTOR CITY AQUATICS - (MCA) NOVI STURGEONS - (NS)** PLYMOUTH CANTON CRUISERS - (PCC) **RAZOR CLUB OF DETROIT - (RZ) SALINE SWIM TEAM - (SST) SOUTH LYON AQUATICS - (SLA) SOUTHERN MICHIGAN AQUATICS CLUB - (SMAC) SPARTAN AQUATIC CLUB – (SAC) TECUMSEH TIGERSHARKS – (TTS)** TIGER SHARKS SWIM DETROIT - (TSSD) TRENTON SWIM CLUB - (TSC) UNATTACHED - (UN)

WYANDOTTE WILDCATS - (WW)

YPSI OTTERS SWIM CLUB - (YOSC)

FRIDAY EVENING

Check in Opens 4:30 PM, Warm-up 5:00 PM Check in Closes 5:15 PM, Start 6:00 PM

Girls	EVENTS	Boys
Event #		Event #
1	11 -12 400 IM	2
3	10&U 500 FREE	4
5	13-18 1650 FREE**	6

Award breaks after Event 4 and 6

** If a swimmer has the 1000 yd freestyle Q2 time they can enter the 1650 yd freestyle at the Q2 cutoff time, if they have not already achieved a Q1 time in the 1650 yd freestyle.

SATURDAY MORNING

Check in opens 7:30 AM, Warm-up 8:00 AM Check in Closes 8:15 AM, Start 9:00 AM

Girls	EVENTS	Boys
Event #		Event #
7	11-12 200 Back	8
9	10 & Under 50 Free	10
11	11-12 50 Free	12
13	10 & Under 100 IM	14
15	11-12 100 IM	16
17	10 & Under 50 Fly	18
19	11-12 50 Fly	20
21	10 & Under 200 Free	22
23	11-12 200 Free	24
25	10 & Under 100 Breast	26
27	11-12 100 Breast	28
29	10 & Under 50 Back	30
31	11-12 50 Back	32
33	11-12 200 Fly	34
35	10 & Under 200 Med Relay	36
37	11-12 200 Med Relay	38

Award breaks after Event 12, Event 20, Event 28, Event 34, and Event 38

SATURDAY AFTERNOON

Check in opens 12:30 PM Warm-up 1:00 PM, Check in Closes 1:15 PM, Start 2:00 PM

Girls	EVENTS	Boys
EVENT #		EVENT #
39	13-18 400 IM*	40
41	13-18 200 Back*	42
43	13-18 200 Free*	44
45	13-18 200 Fly*	46
47	13-18 50 Free*	48
49	13-18 100 Breast*	50
51	13-18 400 Med Relay	52

Award breaks after Event 42, Event 46, Event 50, and Event 52

SUNDAY MORNING

Check in opens 7:30 AM Warm-up 8:00 AM, Check in Closes 8:15 Start 9:00

Girls	EVENTS	Boys
Event #		Event #
53	11-12 200 Breast	54
55	10 & Under 200 IM	56
57	11-12 200 IM	58
59	10 & Under 100 Back	60
61	11-12 100 Back	62
63	10 & Under 100 Free	64
65	11-12 100 Free	66
67	10 & Under 50 Breast	68
69	11-12 50 Breast	70
71	10 & Under 100 Fly	72
73	11-12 100 Fly	74
75	10 & Under 200 Free Relay	76
77	11-12 200 Free Relay	78
79	11-12 500 Free	80

Award break after Event 58, Event 66, Event 72, Event 78, and Event 80

SUNDAY AFTERNOON

Check in opens 12:30 PM, Warm-up 1:00 PM, Check in Closes 1:15 PM, Start 2:00 PM

Girls	EVENTS	Boys
Event #		Event #
81	13-18 200 Breast*	82
83	13-18 200 IM*	84
85	13-18 100 Back*	86
87	13-18 100 Free*	88
89	13-18 100 Fly*	90
91	13-18 400 Free Relay	92
93	13-18 500 Free*	94

Award break after Event 84, Event 88, Event 92, and Event 94

^{*} Must be slower than Q1 (state qualifying) time for their age group

	Q	Qualifying Period: January 1, 2014 to entry de	aume	
10 & Und	er GIRLS	Posted November 2014	10 & Unde	r BOYS
SC	CY		SCY	Y
(Q1)	(Q2)		(Q2)	(Q1)
Slower	Faster	EVENT	Faster	Slower
than	than		than	than
	or equal to	70.73	or equal to	24.20
31.09	33.59	50 Freestyle	34.59	31.29
1:09.39	1:15.99	100 Freestyle	1:19.09	1:09.79
2:31.59	2:50.09	200 Freestyle	2:55.69	2:34.29
6:46.39	7:42.89	500 Freestyle	8:05.99	6:55.89
36.79	40.39	50 Backstroke	41.69	37.59
1:19.49	1:27.79	100 Backstroke	1:32.29	1:21.19
41.69	45.59	50 Breaststroke	48.09	43.29
1:31.59	1:42.79	100 Breaststroke	1:44.29	1:34.29
35.49	39.79	50 Butterfly	42.69	36.29
1:24.69	1:40.99	100 Butterfly	1:40.59	1:28.79
1:19.49	1:26.59	100 IM	1:30.99	1:20.69
2:53.69	3:16.09	200 IM	3:24.69	2:56.49
2:10.99	2:24.39	200 Freestyle Relay	2:29.39	2:13.99
2:30.99	2:46.39	200 Medley Relay	2:52.09	2:41.99
11-12 (GIRLS		11-12 B	
(Q1)	(02)		(00)	(01)
	(Q2)		(Q2)	(Q1)
Slower	Faster	EVENT	Faster	Slower
	Faster than	EVENT	Faster than	
Slower than	Faster than or equal to		Faster than or equal to	Slower than
Slower than 27.69	Faster than or equal to 29.09	50 Freestyle	Faster than or equal to 30.59	Slower than 27.69
Slower than 27.69 1:00.69	Faster than or equal to 29.09 1:05.09	50 Freestyle 100 Freestyle	Faster than or equal to 30.59 1:09.19	27.69 1:00.29
Slower than 27.69 1:00.69 2:13.99	Faster than or equal to 29.09 1:05.09 2:24.39	50 Freestyle 100 Freestyle 200 Freestyle	Faster than or equal to 30.59 1:09.19 2:32.19	27.69 1:00.29 2:12.69
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Slower than 27.69 1:00.69 2:13.99 5:54.19 32.09 1:09.79 2:29.59 36.49 1:19.29 2:51.59 30.89 1:09.49	Faster than or equal to 29.09 1:05.09 2:24.39 6:27.99 35.09 1:16.39 2:48.09 39.99 1:27.69 3:11.09 34.19 1:22.99	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 200 Breaststroke 100 Breaststroke 100 Breaststroke 200 Breaststroke 200 Breaststroke 30 Butterfly	Faster than or equal to 30.59 1:09.19 2:32.19 6:42.19 37.09 1:20.19 3:09.59 41.99 1:32.09 3:25.79 36.29 1:26.69	Slower than 27.69 1:00.29 2:12.69 5:56.09 32.49 1:10.09 2:32.49 36.29 1:20.29 2:53.89 31.09 1:11.09
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Slower than 27.69 1:00.69 2:13.99 5:54.19 32.09 1:09.79 2:29.59 36.49 1:19.29 2:51.59 30.89 1:09.49 2:43.89 1:10.79	Faster than or equal to 29.09 1:05.09 2:24.39 6:27.99 35.09 1:16.39 2:48.09 39.99 1:27.69 3:11.09 34.19 1:22.99 3:12.59 1:16.29	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 50 Breaststroke 100 Breaststroke 100 Breaststroke 200 Breaststroke 200 Breaststroke 50 Butterfly 100 Butterfly 200 Butterfly	Faster than or equal to 30.59 1:09.19 2:32.19 6:42.19 37.09 1:20.19 3:09.59 41.99 1:32.09 3:25.79 36.29 1:26.69 3:23.99 1:20.29	Slower than 27.69 1:00.29 2:12.69 5:56.09 32.49 1:10.09 2:32.49 36.29 1:20.29 2:53.89 31.09 1:11.09 2:48.69 1:10.49
Slower than 27.69 1:00.69 2:13.99 5:54.19 32.09 1:09.79 2:29.59 36.49 1:19.29 2:51.59 30.89 1:09.49 2:43.89 1:10.79 2:30.59	Faster than or equal to 29.09 1:05.09 2:24.39 6:27.99 35.09 1:16.39 2:48.09 39.99 1:27.69 3:11.09 34.19 1:22.99 3:12.59 1:16.29 2:47.59	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 200 Breaststroke 100 Breaststroke 100 Breaststroke 200 Breaststroke 200 Breaststroke 100 Butterfly 100 Butterfly 100 Butterfly 200 Butterfly	Faster than or equal to 30.59 1:09.19 2:32.19 6:42.19 37.09 1:20.19 3:09.59 41.99 1:32.09 3:25.79 36.29 1:26.69 3:23.99 1:20.29 2:55.69	Slower than 27.69 1:00.29 2:12.69 5:56.09 32.49 1:10.09 2:32.49 36.29 1:20.29 2:53.89 31.09 1:11.09 2:48.69 1:10.49 2:31.09
Slower than 27.69 1:00.69 2:13.99 5:54.19 32.09 1:09.79 2:29.59 36.49 1:19.29 2:51.59 30.89 1:09.49 2:43.89 1:10.79 2:30.59 5:24.99	Faster than or equal to 29.09 1:05.09 2:24.39 6:27.99 35.09 1:16.39 2:48.09 39.99 1:27.69 3:11.09 34.19 1:22.99 3:12.59 1:16.29 2:47.59 6:19.89	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 200 Backstroke 200 Breaststroke 100 Breaststroke 100 Breaststroke 200 Breaststroke 200 Butterfly 100 Butterfly 200 Butterfly 100 IM 200 IM 400 IM	Faster than or equal to 30.59 1:09.19 2:32.19 6:42.19 37.09 1:20.19 3:09.59 41.99 1:32.09 3:25.79 36.29 1:26.69 3:23.99 1:20.29 2:55.69 6:30.89	Slower than 27.69 1:00.29 2:12.69 5:56.09 32.49 1:10.09 2:32.49 36.29 1:20.29 2:53.89 31.09 1:11.09 2:48.69 1:10.49 2:31.09 5:27.79
Slower than 27.69 1:00.69 2:13.99 5:54.19 32.09 1:09.79 2:29.59 36.49 1:19.29 2:51.59 30.89 1:09.49 2:43.89 1:10.79 2:30.59	Faster than or equal to 29.09 1:05.09 2:24.39 6:27.99 35.09 1:16.39 2:48.09 39.99 1:27.69 3:11.09 34.19 1:22.99 3:12.59 1:16.29 2:47.59	50 Freestyle 100 Freestyle 200 Freestyle 500 Freestyle 50 Backstroke 100 Backstroke 200 Backstroke 200 Breaststroke 100 Breaststroke 100 Breaststroke 200 Breaststroke 200 Breaststroke 100 Butterfly 100 Butterfly 100 Butterfly 200 Butterfly	Faster than or equal to 30.59 1:09.19 2:32.19 6:42.19 37.09 1:20.19 3:09.59 41.99 1:32.09 3:25.79 36.29 1:26.69 3:23.99 1:20.29 2:55.69	Slower than 27.69 1:00.29 2:12.69 5:56.09 32.49 1:10.09 2:32.49 36.29 1:20.29 2:53.89 31.09 1:11.09 2:48.69 1:10.49 2:31.09

The Junior Olympic Meet is the next level of Championship Meet after the District Championship Meet. Those with times **slower than the Q1** time but **faster than or equal to** the Q2 (JO Standards) as listed above are eligible to swim that event at the JO Championship Meet. Swimmers who have met or surpassed the Q1 State Meet time standard (the "slower than" column) are **not** eligible to swim that event in the JOs. Once a swimmer has **met or surpassed** the Q1 time standard in an event the swimmer is eligible for the State Championship Meet. The JO Meet has a 13-18 age group which differs from the State Championship Meet (which is 13-14 & Open).

13-18 W	VOMEN		13-18 N	MEN
SC	CY		SC	Y
(Q1)	(Q2)		(Q2)	(Q1)
Slower	Faster	EVENT	Faster	Slower
than	than		than	than
	or equal to		or equal to	
26.09	27.29	50 Free, 13-14	27.09	25.09
25.19	27.29	50 Free, 15-18	27.09	23.09
56.89	58.59	100 Free, 13-14	58.09	54.79
54.49	58.59	100 Free, 15-18	58.09	49.79
2:03.89	2:10.79	200 Free, 13-14	2:09.79	1:59.49
1:58.59	2:10.79	200 Free, 15-18	2:09.79	1:51.19
5:32.49	5:47.39	500 Free, 13-14	5:47.79	5:22.89
5:20.29	5:47.39	500 Free, 15-18	5:47.79	5:03.99
11:26.59	12:20.99	1000 Free, 13-14	12:24.09	11:19.19
11:17.89	12:20.99	1000 Free, 15-18	12:24.09	10:39.79
19:23.49	20:22.69	1650 Free, 13-14	20:27.59	19:03.79
19:08.19	20:22.69	1650 Free, 15-18	20:27.59	18:10.49
1:04.09	1:08.99	100 Back, 13-14	1:11.09	1:03.49
1:02.09	1:08.99	100 Back, 15-18	1:11.09	58.19
2:18.09	2:27.89	200 Back, 13-14	2:35.69	2:18.09
2:15.69	2:27.89	200 Back, 15-18	2:35.69	2:09.19
1:13.49	1:18.89	100 Breast, 13-14	1:18.49	1:11.79
1:11.79	1:18.89	100 Breast, 15-18	1:18.49	1:06.69
2:41.99	2:52.39	200 Breast, 13-14	2:49.79	2:38.09
2:37.89	2:52.39	200 Breast, 15-18	2:49.79	2:27.99
1:04.79	1:08.89	100 Fly, 13-14	1:08.29	1:02.39
1:01.99	1:08.89	100 Fly, 15-18	1:08.29	55.99
2:27.59	2:46.19	200 Fly, 13-14	2:41.99	2:26.59
2:23.39	2:46.19	200 Fly, 15-18	2:41.99	2:13.19
2:21.29	2:27.79	200 IM, 13-14	2:25.69	2:16.19
2:16.09	2:27.79	200 IM, 15-18	2:25.69	2:06.19
5:03.89	5:26.89	400 IM, 13-14	5:24.09	4:59.99
4:54.29	5:26.89	400 IM, 15-18	5:24.09	4:40.99
	4:08.59	400 Free Relay, 13-18	4:01.99	
	4:42.49	400 Medley Relay, 13-18	4:30.99	

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RELEASE AND WAIVER

Sanction Number: MI1415078

Enclosed is a total of \$ covering fees for all the above entries. In consideration of acceptance of this entry I/We hereby, for ourselves, our heirs, administrators, and assigns, waive and release any and all claims against Motor City Aquatics, Lake Orion High School, Michigan Swimming, Inc., and United States Swimming, Inc. for injuries and expenses incurred by Me/Us at or traveling to this swim meet.
>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>
In granting the sanction it is understood and agreed that USA Swimming and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
Signature:
Position:
Street Address:
City, State, Zip
E-mail:
Coach Name:
Coach Phone:
Coach E-Mail:
Club Name:
Club Codo:

Certification of Registration Status Of All Entered Athletes Michigan Swimming Blue Junior Olympics Meet

Sanction Number: MI1415078

Michigan Swimming Clubs must register and pay for the registration of all athletes that are contained in the electronic TM Entry File or any paper entries that are submitted to the Meet Host with the Office of Michigan Swimming **prior to submitting the meet entry to the meet host**. Clubs from other LSCs must register and pay for the registration of their athletes with their respective LSC Membership Coordinator.

A penalty fee of \$100.00 per unregistered athlete will be levied against any Club found to have **entered** an athlete in a meet without first registering the athlete and paying for that registration with the Office of Michigan Swimming or their respective LSC Membership Coordinator.

Submitting a meet entry without the athlete being registered and that registration paid for beforehand may also subject the Club to appropriate Board of Review sanctions.

The authority for these actions is:

UNITED STATES SWIMMING RULES AND REGULATIONS 302.4 FALSE REGISTRATION – A host LSC may impose a fine of up to \$100.00 per event against a member Coach or a member Club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed Club is not properly registered. The host LSC will be entitled to any fines imposed.

members of USA Swimm representation in my listed	ning and that I am authorized by my Club to make th capacity.	is
	By:(Signature)	
	(Printed Name of person signing above)	
	Capacity:	
	Club Name:	

This form must be signed and returned with the entry or the entry will not be accepted.

Vendor Information

Swim Gear: Bloomfield Sports Shop – <u>www.bloomfieldsportsshop.com</u>

Contact: Brian Freshwater (248) 642-2128

Apparel: A separate flyer will be emailed to participating clubs in advance

of the swim meet

Photographer: TCS Pictures – <u>www.TCSpictures.com</u>

Contact: Michael Mousigian (313) 563-4890

Concessions: Motor City Café

Apparel: Fine Designs Imprinted Sportswear – <u>www.fdssportswear.com</u>

Contact: Roman (440) 278-0522 (Roman@fdsportswear.com)

A wide variety of event apparel will be provided by Fine Designs Imprinted Sportswear. Pre-orders may be placed online after February 5th by clicking on http://www.fdsportswear.com/ and selecting "Swim & Dive 2015" then "Michigan Swimming Junior Olympic MCA" and then following the prompts. In addition, Fine Designs will be on-site (March 6-8) and will provide a full range of meet apparel in an assortment of colors and styles, and a myriad of options for customization (names, decals, etc.).



Hotel Information

Marriott Springhill Suites

4919 Interpark Drive N Lake Orion, MI 48359 Telephone 248-475-4700

http://www.marriott.com/hotels/travel/dtwra-springhill-suites-detroit-auburn-hills/

- Driving Distance to pool: 3.73 mile, (est. 5 minutes)
- Located at corner of Lapeer Road (US24) and Dutton Road, very close proximity to Lake Orion High School – Limited restaurant locations nearby, but easy drive to Great Lakes Crossing Mall.

Hyatt Place - Auburn Hills

1545 N. Opdyke Road Auburn Hills, MI 48326 Telephone 248-475-9393

www.hyattplace.com (enter Auburn Hills in hotel locator)

- Driving distance to pool: 6.7 miles (est. 9 minutes)
- Located near The Village of Rochester Hills (Outdoor Mall) and the Great Lakes Crossing Mall – Plenty of restaurants and attractions nearby

Holiday Inn Express & Suites

3990 Baldwin Road Auburn Hills Auburn Hills, MI 48326 248-322-7000

www.hiexpress.com/auburnhillsmi

- Driving distance to pool: 7.3 miles (est. 12 minutes)
- Located near Great Lakes Crossing Mall Plenty of restaurants and attractions nearby

Marriott • Auburn Hills - Pontiac at Centerpoint

3600 Centerpoint Parkway Pontiac, MI 48341 248-253-9800

www.marriott.com

- Driving distance to pool: 10.8 miles (est. 16 minutes)
- Premium hotel Plenty of restaurants nearby and easy access to Downtown Birmingham

Meet Evaluation Form Sanction Number: MI1415078

Name of Meet: 2015 Blue Junior Olympics

Date of Meet: March 6 through March 8, 2015

Host of Meet: Motor City Aquatics

Place of Meet: Lake Orion High School

Who do you represent (circle	e)?	Host Club	Visiting	g Club l	Jnattached
Describe yourself (circle)	Athlete	Coach	Official	Meet Worker	Spectator

Please rate the overall quality of this meet:

(Please write any compliments or suggestions below or on the reverse side)

(Flease write any compliments of suggestions below of on the	Low			Н	High	
1. Swimming pool (e.g., water quality, ventilation)	1	2	3	4	5	
2. Equipment (e.g., timing system, PA system):	1	2	3	4	5	
3. Swimmer facilities (e.g., locker rooms, rest areas):	1	2	3	4	5	
4. Spectator facilities (e.g., seating, rest rooms):	1	2	3	4	5	
5. Meet services (e.g., concessions, admissions, programs):	1	2	3	4	5	
6. Officiating	1	2	3	4	5	
7. Awards and award presentations:	1	2	3	4	5	
8. Safety provisions:	1	2	3	4	5	
9. Overall success of the meet:	1	2	3	4	5	
10. Other (please specify):	1	2	3	4	5	

Return this completed evaluation to a representative of the Meet Host. Thank you.

Meet Host: Copy all of these submitted Meet Evaluations to the current Program Operations Vice-Chair and the Michigan Swimming Office (Jan Cartmill and John Loria) within 30 days.