



2015 MID-STATES 14 & UNDER ALL-STAR CHAMPIONSHIPS

Sponsored by 
IU Natatorium - Indianapolis
January 3 – 4, 2015

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN15040
- LOCATION:** IU Natatorium, 901 W. New York Street, Indianapolis, IN 46202
- FACILITY:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Competition Pool: Two eight-lane, 25-yard pools with a depth ranging from 9' - 10', Competitor lane lines with custom designed starting blocks, Colorado electronic timing equipment, and Daktronics scoreboard.
- Continuous eight-lane warm-up course available in the North pool (scoreboard end). Meet competition will be held in the South pool (diving well end) except for the 1650 freestyle events which will be swum in both pools by gender.
- PARKING:** Parking is available in the attached Natatorium Sports Garage for \$6 per entry, credit card only (no cash). Prices are determined and retained by IUPUI Parking Services. Host is unable to negotiate pricing, nor does host receive any revenue from parking fees.
- RULES:** Current USA Swimming rules will govern. Swimmers must be ages 14 & Under and registered with USA Swimming in Lake Erie/Ohio, Kentucky, Michigan, Missouri Valley, or Indiana to be accepted into this meet. Each LSC has its own team selection process. Age as of 01/03/15 shall determine the swimmer's age for the entire meet.
- USA Swimming Rules 202.3.2- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. Meet management and/or the meet referee reserve the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- There will be no on-deck registrations accepted at this meet.
- EVENT LIMIT:** A swimmer may compete in a maximum of six individual events and two relays for the meet.
- MEET FORMAT:** All events are timed finals and will be seeded from the slowest to fastest. There are 3 heats of each event with the exception of relays (2 heats) and the 1650 (2 heats). All events will be swum in the south pool (diving-well end) except for the 1650 which will be swum in two pools by gender.
Flyover starts will be used in this meet.
- The host will provide one timer per lane for the 1650 events. Teams are responsible for providing a counter for each 1650 participant. The counter should be a credentialed participant in the meet (coach/athlete).

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DECK ACCESS: ONLY swimmers, team coaches, credentialed managers and chaperones, credentialed volunteers, and working officials will be allowed on deck. This is a USA Swimming liability issue; no parents will be allowed on deck. Club coaches who are not part of the LSC team staff will not be allowed on deck. As per Indiana University policy, all adult participants in the meet (coaches, officials, and volunteers) must present a photo ID along with their credentials to gain deck access.

HEAT SHEETS: \$5.00 (will include Saturday and Sunday seeded events prior to scratches or changes)

FINAL RESULTS: Results will be posted on the Indiana Swimming website <http://www.inswimming.org>

MEET DIRECTOR: For any further information or assistance, please contact:

Arlene McDonald arlenemcd@aol.com 317.442.2166

E-MAIL TEAM

ENTRIES TO: **Lucy Duncan** lucyuss@aol.com 317.946.1371

DEADLINE SATURDAY, DECEMBER 27, AT 11:59 PM. Report from entry chair back to teams shall be sent no later than Monday prior to meet. Changes can be made by teams via email or phone with the Entry Chair for seeded heat sheets up until Thursday noon prior to meet.

PLEASE EMAIL a PDF team entry report as well for accuracy or questions with file.

TEAM PICTURES: Team pictures will be taken based on the schedule published on page 5 of this meet announcement. Cost for each 8 x 10 print will be \$11.50 which includes tax; checks should be made payable to Karen Ruggles Photography. The order form has been sent to all team contacts for distribution to athletes and their families. Teams managers are asked to collect picture fees and order forms in advance and place one team order on Saturday before the team pictures are taken. All photos will be available for pick-up on Sunday after 1:00 PM at the meet. No photos will be mailed. If swimmers are leaving early, arrangements should be made for photo pick-up.

OPENING

CEREMONIES: At 11:30 AM on Saturday, athletes from all teams will participate in the opening ceremony parade and team cheer activity. Parade routes for each team will be explained at the Saturday morning Technical Meeting. Each team will be asked to identify an athlete flag carrier for the parade as well as prepare a team cheer to be performed during the opening ceremonies.

SOCIAL ACTIVITY: At the conclusion of the 1650 freestyle events on Saturday afternoon, team members will participate in water activities at the Natatorium. These activities could include a duck drop, mixed team relays, mixed gender relays, coach relays, and other activities as determined and planned in advance by the Team Managers from each LSC. Details for these activities are still being developed and will be finalized at Saturday's Technical Meeting.

MEET EVALUATION MEETING:

Sunday, January 4 – 7:00 AM in the Hospitality Room at the Natatorium

ORDER OF EVENTS

SATURDAY

Warm-Ups: 10:00 – 11:15 am
 Opening Ceremony: 11:30 am
 Meet Start: 11:45 am

SUNDAY

11 & O Warm-Ups: 7:30-8:20am
 10 & U Warm-Ups: 8:30-9:30 am*
 *North Pool reserved for 10 & U Only
 Meet Start: 8:30 am

GIRLS	EVENT	BOYS
1	13-14 200 IM	2
3	11-12 200 IM	4
5	10 & U 200 IM	6
7	13-14 100 Free	8
9	11-12 100 Free	10
11	10 & U 100 Free	12
13	13-14 200 Back	14
15	11-12 50 Back	16
17	10 & U 50 Back	18
19	13-14 200 Breast	20
21	11-12 100 Breast	22
23	10 & U 100 Breast	24
25	13-14 100 Fly	26
27	11-12 50 Fly	28
29	10 & U 50 Fly	30
	10-MINUTE BREAK	
31	13-14 400 Medley Relay	32
33	11-12 200 Medley Relay	34
35	10 & U 200 Medley Relay	36
	5-MINUTE BREAK	
**37	13-14 1650 Free	**38
**39	11-12 1650 Free	**40
<i>**Only allowed 3 swimmers per team (2 girls heats; 2 boys heats per age group); swum in two pools (girls & boys).</i>		

GIRLS	EVENT	BOYS
41	13-14 400 IM	42
43	13-14 200 Free	44
45	11-12 200 Free	46
47	10 & U 200 Free	48
49	13-14 100 Breast	50
51	11-12 50 Breast	52
53	10 & U 50 Breast	54
55	13-14 200 Fly	56
57	11-12 100 Fly	58
59	10 & U 100 Fly	60
61	13-14 50 Free	62
63	11-12 50 Free	64
65	10 & U 50 Free	66
67	13-14 100 Back	68
69	11-12 100 Back	70
71	10 & U 100 Back	72
73	13-14 500 Free	74
75	11-12 500 Free	76
	5- MINUTE BREAK	
77	10 & U 200 Free Relay	78
79	11-12 200 Free Relay	80
81	13-14 400 Free Relay	82

SCHEDULE OF ACTIVITIES

Saturday, January 3, 2015

- 8:15 am Spectator Seating Area Opens
- 8:15 – 10:00 **Team Check-In**
EAST CONCOURSE (parking garage side)– OH & IN
WEST CONCOURSE (Side opposite parking garage) – MV, MI, & KY
Teams will not be allowed on deck until 20 minutes prior to picture times below. Credentials are required at all times for deck entry.
- ALL TEAM PICTURES** - 8x10 - \$11.50 each
Please make checks payable to Karen Ruggles Photography.
- | | | | |
|---------|---------|---------|-----------------|
| 8:50 am | Indiana | 9:20 am | Kentucky |
| 9:05 am | Ohio | 9:35 am | Michigan |
| | | 9:50 am | Missouri Valley |
- 10:00 -11:15 General Warm-Up
- | | | | |
|---|--------------------|---|--------------------|
| <u>NORTH POOL</u> (scoreboard end) | | <u>*SOUTH POOL</u> (diving well end) | |
| Indiana | LANES 1 - 2 | Indiana | LANE 1 |
| Michigan | LANES 3 - 5 | Ohio | LANES 3 - 5 |
| Kentucky | LANES 6 - 8 | Missouri Valley | LANES 6 - 8 |
- *Remaining lane will be assigned to the largest team of 11 & Overs.
- 10:30 Technical Meeting for Coaches—Hospitality Room
- 10:30 Officials Briefing – Track Tunnel Lobby
- 11:00 Timers Meetings—Deck area near West Control Room (anyone welcome)
- 11:15 Clear Competition Pool
- 11:30 Opening Ceremonies – Athlete Parade & Team Cheers
(*details/protocol will be discussed at Technical Meeting*)
- 11:45 Meet Starts
- End of Session Team Water Social/Activities at the Natatorium

Sunday, January 4, 2015

- 7:00 am Meet Evaluation Meeting – Hospitality Room at Nat
(**All Team Managers bring suggestions, changes**)
- 7:30 Spectator Seating Area Opens
- 7:30-8:20 Pool open for warm-up for 11 & Overs
- | | | | |
|---|--------------------|---|--------------------|
| <u>NORTH POOL</u> (scoreboard end) | | <u>*SOUTH POOL</u> (diving well end) | |
| Indiana | LANES 1 - 2 | Indiana | LANE 1 |
| Michigan | LANES 3 - 5 | Ohio | LANES 3 - 5 |
| Kentucky | LANES 6 - 8 | Missouri Valley | LANES 6 - 8 |
- *Remaining lane will be assigned to the largest team of 11 & Overs.
- 7:30 Officials Briefing— Track Tunnel Lobby
- 7:45 Timers Meeting – Deck area near West Control Room
- 8:20 Clear Competition Pool
- 8:30 Meet Starts
- 8:30 10 & Under Warm-ups – NORTH POOL
Each team will be assigned warm-up lanes based on the that team's number of 10 & Under athletes. The 10 & Under team lane assignments will be distributed at the Saturday's technical meeting.

HOTEL RESERVATION INFORMATION

Room blocks at special event rates have been reserved at these hotel properties in Downtown Indianapolis.

To obtain these special event rates, guests must use the Indiana Swimming online reservation system which can be accessed by clicking on the MidStates section at www.AllGreatRacers.com

- **Courtyard Indianapolis Downtown – \$110.00 + tax & parking**
Cut-Off: Wednesday, December 24, 2014
- **Embassy Suites Indianapolis Downtown - \$119.00 + tax & parking**
Cut-Off: Thursday, December 16, 2014
- **Fairfield Inn & Suites – Indianapolis Downtown – \$ 115.00 + tax & parking**
Cut-Off: Wednesday, December 24, 2014
- **Hilton Indianapolis Hotel & Suites - \$112.00 + tax & parking (discounted)**
Hilton Amenities: Complimentary Internet in guest rooms; discounted self-parking in attached garage at the rate of \$10/day (normally \$28 per day); discounted valet parking for \$15.00 per day (normally \$34 per day); Complimentary upgrades to queen deluxe suites.
Cut-Off: Tuesday, December 26, 2014
- **Hyatt Regency Indianapolis - \$109.00 + tax & parking**
Cut-Off: Tuesday, December 26, 2014
- **SpringHill Suites by Marriott – Indianapolis Downtown - \$120.00 + tax & parking**
Cut-Off: Wednesday, December 24, 2014

All properties are located less than one mile from the IU Natatorium.

Please contact Arlene McDonald (317-442-2166) at arlenemcd@aol.com with any hotel questions.

APPLICATION TO OFFICIATE

Applicant must be a member of USA Swimming and an LSC certified official.

Name: _____ LSC: _____

Address: _____ Home phone: _____

City, State, Zip: _____ Work Phone: _____

E-Mail Address: _____

Current LSC Certification: _____ No. of Years: _____

Current National Certification and Expiration: _____

Current National Championship Certification and Expiration: _____

**ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS' BRIEFINGS BEFORE EACH SESSION OF THE MEET THEY WORK.
BRIEFINGS BEGIN 1 HOUR BEFORE EACH SESSION.**

I will serve at both sessions: Yes _____ No _____

I can't serve all sessions. My choices for individual sessions are checked below:

Saturday _____

Sunday _____

Please circle your assignment request: Deck Referee, Admin. Referee, Starter, Chief Judge.

Assigned positions deadline is December 8, 2014. Applications for non-specific deck positions will be accepted any time. All officials are encouraged to volunteer.

Mail, Fax, or Email to:

Mid-States Officials Chair

Dick Duncan

235 Poplar Grove Drive

Avon, IN 46123

Email: dickd46@aol.com

Fax & Phone: (317) 745-6817

_____ An email confirmation is desired.